

Ogden School District

Jan 1, 2018 thru Jan 31, 2018
 Combined: Washington High Lunch/Washington
 Breakfast Transport

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Generated on: 12/28/2017 12:22:54 PM

| | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|-----------------|--------------|-------------|
| Tue - 01/02/2018 | | | |
| Washington High Lunch | Total | 150 | |
| CHICKEN FRIES | 8 FRIES | 120 | 16.25 |
| BOX LUNCH PBJ STRAWBERRY H1 | 1 EACH | 15 | 52.03 |
| BOXED LUNCH, Ham Deli *H1* | 1 EACH | 15 | 56.96 |
| POTATO, TWISTER FRIES *H2* | 1/2 CUP | 120 | 25.61 |
| SALAD, SECONDARY SIDE *H1* | 1 EACH | 50 | 14.46 |
| CARROTS, BABY 1/2 c bag *H1* | BAG | 50 | 3.74 |
| FRUIT,FRESH ASSORT JH *H1* | 1 EACH | 75 | 21.34 |
| FRUIT, CANNED ASSORTMENT *H1* | 1/2 CUP | 75 | 10.87 |
| PUDDING,HUNTS *H1* | 1 EACH | 150 | 20.5 |
| CONDIMENT BAR (MS HS) *H1* | serving | 30 | 2.86 |
| MILK, FAT FREE CHOC | 1 each | 75 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 50 | 13.0 |
| MILK, SKIM | 1 each | 25 | 13.0 |
| Washington Breakfast Trans | Total | 100 | |
| PANCAKES, MINI, KELLOGGS EGGO | PACKAGE | 50 | 35.0 |
| EGGS, FRITTATA,sunnyfresh *H2* | SERVING | 1 | 1.01 |
| POPARTS *H2* WHOLE GRAIN | 1 EACH | 10 | 37.26 |
| BAR CHOC CHIP BETTER BASICS | 1 EACH | 10 | 43.95 |
| BAR NUTRI-GRAIN STRAWBERRY | 1 EACH | 10 | 28.96 |
| BAR BREAKFAST ASSORTMENT | 1 EACH | 10 | 31.72 |
| CEREAL, All *H1* | 1 EACH | 10 | 21.33 |
| BAR GRANOLA CHEWY | 1 EACH | 10 | 27.94 |
| YOGURT 4oz *H1* | 1 EACH | 10 | 19.54 |
| FRUIT,FRESH ASSORT WASH *H1* | 1 EACH | 50 | 12.57 |
| PEARS: canned,light syrup *H1* | 1/2 CUP | 50 | 16.86 |
| JUICE VARIETY JH/HS *H1* | 1 EACH | 75 | 24.75 |
| MILK, FAT FREE CHOC | 1 each | 70 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 20 | 13.0 |
| MILK, SKIM | 1 each | 10 | 13.0 |
| Weighted Daily Average | | | 100.70 |
| % of Calories | | | 61.3% |
| Nutrient Guideline | | | |

| | | | |
|--------------------------------|---------|-----|-------|
| Wed - 01/03/2018 | | | |
| Washington High Lunch | Total | 150 | |
| CHICKEN PATTY SANDWICH *H2* | 1 EACH | 60 | 47.42 |
| CHICKEN SPICY PATTY SAND *H2* | 1 EACH | 60 | 48.43 |
| SANDWICH UNCRS WW GRAPE*H1* | 1 EACH | 15 | 31.04 |
| SANDWICH, TURK & PROV *H1* | 1 EACH | 15 | 30.02 |
| CHEESE, STRING LT land o lakes | 1 each | 75 | 1.01 |
| CHIPS, SUN *H1* | BAG | 100 | 18.5 |
| CARROTS, BABY 1/2 c bag *H1* | BAG | 75 | 3.74 |
| SALAD, SECONDARY SIDE *H1* | 1 EACH | 50 | 14.46 |
| FRUIT,FRESH ASSORT JH *H1* | 1 EACH | 75 | 21.34 |
| FRUIT, CANNED ASSORTMENT *H1* | 1/2 CUP | 75 | 10.87 |
| CONDIMENT BAR (MS HS) *H1* | serving | 30 | 2.86 |
| MILK, FAT FREE CHOC | 1 each | 75 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 50 | 13.0 |
| MILK, SKIM | 1 each | 25 | 13.0 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Ogden School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Jan 1, 2018 thru Jan 31, 2018

Combined: Washington High Lunch/Washington
Breakfast Transport

Generated on: 12/28/2017 12:22:54 PM

| | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| Washington Breakfast Trans | Total | 100 | |
| SANDWICH BRK EGG w SAUSAGE | 1 EACH | 50 | 20.19 |
| SAUSAGE. PATTY JENNIE O | 1 each | 10 | 0.0 |
| POPARTS *H2* WHOLE GRAIN | 1 EACH | 10 | 37.26 |
| BAR CHOC CHIP BETTER BASICS | 1 EACH | 10 | 43.95 |
| BAR NUTRI-GRAIN STRAWBERRY | 1 EACH | 10 | 28.96 |
| BAR BREAKFAST ASSORTMENT | 1 EACH | 10 | 31.72 |
| CEREAL, All *H1* | 1 EACH | 10 | 21.33 |
| BAR GRANOLA CHEWY | 1 EACH | 10 | 27.94 |
| YOGURT 4oz *H1* | 1 EACH | 10 | 19.54 |
| FRUIT, PINEAPPLE & ORANGE *H1* | 1/2 cup | 50 | 19.63 |
| FRUIT,FRESH ASSORT WASH *H1* | 1 EACH | 50 | 12.57 |
| JUICE VARIETY JH/HS *H1* | 1 EACH | 75 | 24.75 |
| MILK, FAT FREE CHOC | 1 each | 70 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 30 | 13.0 |
| MILK, SKIM | 1 each | 10 | 13.0 |
| Weighted Daily Average | | | 94.62 |
| % of Calories | | | 56.7% |
| Nutrient Guideline | | | |

| Thu - 01/04/2018 | | | |
|---------------------------------|-------------|-----|-------|
| Washington High Lunch | Total | 150 | |
| PORK CHOP, BREADED PATTY *H2* | 1 EACH | 120 | 13.39 |
| BOX LUNCH PBJ STRAWBERRY H1 | 1 EACH | 15 | 52.03 |
| BOXED LUNCH, Ham Deli *H1* | 1 EACH | 15 | 56.96 |
| POTATO, MASHED 1/2 CUP *H2* | 1/2 CUP | 120 | 16.33 |
| GRAVY, COUNTRY | 1/4 cup | 120 | 5.54 |
| ROLL, WHEAT 2oz*H2* | 2 EACH | 100 | 53.71 |
| PEAS frozen 1/2 cup *H2* | 1/2 CUP | 50 | 13.48 |
| SALAD, SECONDARY SIDE *H1* | 1 EACH | 20 | 14.46 |
| FRUIT,FRESH ASSORT JH *H1* | 1 EACH | 75 | 21.34 |
| FRUIT, CANNED ASSORTMENT *H1* | 1/2 CUP | 75 | 10.87 |
| CONDIMENT BAR (MS HS) *H1* | serving | 50 | 2.86 |
| MILK, FAT FREE CHOC | 1 each | 75 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 50 | 13.0 |
| MILK, SKIM | 1 each | 25 | 13.0 |
| Washington Breakfast Trans | Total | 100 | |
| BREAKFAST PIZZA | 1 each | 50 | 27.0 |
| MUFFIN, BANANA, DAVIS, FZN | 2 oz muffin | 10 | 37.56 |
| MUFFIN, CHOC CHIP, DAVIS, FZN | 2 oz muffin | 10 | 34.18 |
| BAR CHOC CHIP BETTER BASICS | 1 EACH | 10 | 43.95 |
| BAR NUTRI-GRAIN STRAWBERRY | 1 EACH | 10 | 28.96 |
| YOGURT 4oz *H1* | 1 EACH | 10 | 19.54 |
| POPARTS *H2* WHOLE GRAIN | 1 EACH | 10 | 37.26 |
| BAR BREAKFAST ASSORTMENT | 1 EACH | 10 | 31.72 |
| BAR GRANOLA CHEWY | 1 EACH | 10 | 27.94 |
| CEREAL, All *H1* | 1 EACH | 10 | 21.33 |
| FRUIT,FRESH ASSORT WASH *H1* | 1 EACH | 50 | 12.57 |
| PEACHES: cannd,light syrps *H1* | 1/2 CUP | 50 | 14.01 |
| JUICE VARIETY JH/HS *H1* | 1 EACH | 75 | 24.75 |
| MILK, FAT FREE CHOC | 1 each | 70 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 20 | 13.0 |
| MILK, SKIM | 1 each | 10 | 13.0 |

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Ogden School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: Washington High Lunch/Washington
Breakfast Transport

Portion Values - Detailed

| | Portion Size | Reimb Qty | Carb (g) |
|-----------------------------------------|-----------------|--------------|-----------------|
| Weighted Daily Average % of Calories | | | 107.85 60.8% |
| Nutrient Guideline | | | |

| Fri - 01/05/2018 | | | |
|-----------------------------------------|---------|-----|-----------------|
| Washington High Lunch | Total | 150 | |
| PIZZA, PHUT CHEESE 8 cut *H2* | SLICE | 40 | 30.0 |
| PIZZA, PHUT, PEP, 8 cut *H2* | SLICE | 40 | 30.0 |
| PIZZA, PHUT HAWAIIAN | SLICE | 40 | 31.02 |
| BOXED LUNCH, PBJ GRAPE*H1* | 1 EACH | 15 | 51.24 |
| BOXED LUNCH, Turkey Deli *H1* | 1 EACH | 15 | 51.03 |
| CHIPS, DORITOS Cooler Ranch | 1 EACH | 120 | 19.0 |
| CHIPS, DORITOS Nacho Chees*H1* | 1 EACH | 1 | 20.0 |
| CHIPS, DORITOS Sweet Chili | BAG | 1 | 20.0 |
| SALAD, SECONDARY SIDE *H1* | 1 EACH | 50 | 14.46 |
| CARROTS, BABY 1/2 c bag *H1* | BAG | 50 | 3.74 |
| FRUIT,FRESH ASSORT JH *H1* | 1 EACH | 75 | 21.34 |
| FRUIT, CANNED ASSORTMENT *H1* | 1/2 CUP | 75 | 10.87 |
| COOKIE, CARNIVAL RF/ WG *H3* | 1 EACH | 150 | 22.94 |
| CONDIMENT BAR (MS HS) *H1* | serving | 30 | 2.86 |
| MILK, FAT FREE CHOC | 1 each | 75 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 50 | 13.0 |
| MILK, SKIM | 1 each | 25 | 13.0 |
| Washington Breakfast Trans | Total | 100 | |
| FRENCH TOAST STK 4 EACH*H2* | Serving | 50 | 13.33 |
| POPARTS *H2* WHOLE GRAIN | 1 EACH | 10 | 37.26 |
| BAR CHOC CHIP BETTER BASICS | 1 EACH | 10 | 43.95 |
| BAR NUTRI-GRAIN STRAWBERRY | 1 EACH | 10 | 28.96 |
| BAR BREAKFAST ASSORTMENT | 1 EACH | 10 | 31.72 |
| CEREAL, All *H1* | 1 EACH | 10 | 21.33 |
| BAR GRANOLA CHEWY | 1 EACH | 10 | 27.94 |
| YOGURT 4oz *H1* | 1 EACH | 10 | 19.54 |
| FRUIT,FRESH ASSORT WASH *H1* | 1 EACH | 50 | 12.57 |
| FRUIT COCKTAIL 1/2 cup *H1* | 1/2 CUP | 50 | 19.88 |
| JUICE VARIETY JH/HS *H1* | 1 EACH | 75 | 24.75 |
| MILK, FAT FREE CHOC | 1 each | 70 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 30 | 13.0 |
| MILK, SKIM | 1 each | 10 | 13.0 |
| Weighted Daily Average % of Calories | | | 102.29 63.0% |
| Nutrient Guideline | | | |

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Ogden School District

Base Menu Spreadsheet

Jan 1, 2018 thru Jan 31, 2018
 Combined: Washington High Lunch/Washington
 Breakfast Transport

Portion Values - Detailed

Page 4

Generated on: 12/28/2017 12:22:55 PM

| | Portion Size | Reimb Qty | Carb (g) |
|---------------------------------|-----------------|-----------|----------|
| Mon - 01/08/2018 | | | |
| Washington High Lunch | Total | 150 | |
| TACO, w/beef HS | 2 EACH | 120 | 7.2 |
| BOXED LUNCH, PBJ GRAPE *H1* | 1 EACH | 15 | 51.24 |
| BOXED LUNCH, Turkey Deli *H1* | 1 EACH | 15 | 51.03 |
| TACO FIXINGS *H1* | serving | 120 | 3.66 |
| SPANISH RICE 2/3 CUP salsa *H2* | 2/3 CUP | 100 | 43.73 |
| BEANS, REFRIED *H2* | 1/2 CUP | 75 | 29.36 |
| CORN Frozen 1/2 cup *H2* | 1/2 CUP | 75 | 17.41 |
| FRUIT,FRESH ASSORT JH *H1* | 1 EACH | 75 | 21.34 |
| FRUIT, CANNED ASSORTMENT *H1* | 1/2 CUP | 75 | 10.87 |
| CONDIMENT BAR (MS HS) *H1* | serving | 30 | 2.86 |
| MILK, FAT FREE CHOC | 1 each | 75 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 50 | 13.0 |
| MILK, SKIM | 1 each | 25 | 13.0 |
| Washington Breakfast Trans | Total | 100 | |
| WAFFLE DUTCH | 1 Each | 50 | 41.96 |
| EGGS,SCRAMBLED -1/2cup *H2* | (1/2cup serving | 10 | 0.75 |
| BAR CHOC CHIP BETTER BASICS | 1 EACH | 10 | 43.95 |
| BAR NUTRI-GRAIN STRAWBERRY | 1 EACH | 10 | 28.96 |
| BAR BREAKFAST ASSORTMENT | 1 EACH | 10 | 31.72 |
| BAR GRANOLA CHEWY | 1 EACH | 10 | 27.94 |
| CEREAL, All *H1* | 1 EACH | 10 | 21.33 |
| YOGURT 4oz *H1* | 1 EACH | 10 | 19.54 |
| FRUIT,FRESH ASSORT WASH *H1* | 1 EACH | 50 | 12.57 |
| APPLESAUCE CUP STRAWBERRY | 1 EACH | 50 | 14.0 |
| JUICE VARIETY JH/HS *H1* | 1 EACH | 75 | 24.75 |
| MILK, FAT FREE CHOC | 1 each | 70 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 20 | 13.0 |
| MILK, SKIM | 1 each | 10 | 13.0 |
| Weighted Daily Average | | | 100.36 |
| % of Calories | | | 56.6% |
| Nutrient Guideline | | | |

| | | | |
|-------------------------------|----------------|-----|-------|
| Tue - 01/09/2018 | | | |
| Washington High Lunch | Total | 150 | |
| CHICKEN YANGS GENERAL TSO'S | 3.6 OZ SERVING | 120 | 23.16 |
| BOX LUNCH PBJ STRAWBERRY H1 | 1 EACH | 15 | 52.03 |
| BOXED LUNCH, Ham Deli *H1* | 1 EACH | 15 | 56.96 |
| RICE w/ soy sauce *H2* | 1 CUP | 75 | 44.38 |
| EGG ROLL VEG *H2* | 1 EACH | 75 | 22.16 |
| BROCCOLI Frozen 1/2 cup *H2* | 1/2 CUP | 50 | 4.62 |
| VEGETABLE CUP 1/2 cup *H1* | 1/2 CUP | 50 | 6.97 |
| FRUIT,FRESH ASSORT JH *H1* | 1 EACH | 75 | 21.34 |
| FRUIT, CANNED ASSORTMENT *H1* | 1/2 CUP | 50 | 10.87 |
| PUDDING,HUNTS *H1* | 1 EACH | 150 | 20.5 |
| CONDIMENT BAR (MS HS) *H1* | serving | 30 | 2.86 |
| MILK, FAT FREE CHOC | 1 each | 75 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 50 | 13.0 |
| MILK, SKIM | 1 each | 25 | 13.0 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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 Combined: Washington High Lunch/Washington
 Breakfast Transport

Base Menu Spreadsheet

Portion Values - Detailed

| | Portion Size | Reimb Qty | Carb (g) |
|-----------------------------------------|-----------------|--------------|-----------------|
| Washington Breakfast Trans | Total | 100 | |
| TOAST, APPLE CINNAMON | 1 SLICE | 50 | 44.79 |
| POPARTS *H2* WHOLE GRAIN | 1 EACH | 10 | 37.26 |
| BAR CHOC CHIP BETTER BASICS | 1 EACH | 10 | 43.95 |
| BAR NUTRI-GRAIN STRAWBERRY | 1 EACH | 10 | 28.96 |
| BAR BREAKFAST ASSORTMENT | 1 EACH | 10 | 31.72 |
| BAR GRANOLA CHEWY | 1 EACH | 10 | 27.94 |
| CEREAL, All *H1* | 1 EACH | 10 | 21.33 |
| YOGURT 4oz *H1* | 1 EACH | 10 | 19.54 |
| FRUIT,FRESH ASSORT WASH *H1* | 1 EACH | 50 | 12.57 |
| PEARS: canned,light syrup *H1* | 1/2 CUP | 50 | 16.86 |
| JUICE VARIETY JH/HS *H1* | 1 EACH | 75 | 24.75 |
| MILK, FAT FREE CHOC | 1 each | 70 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 20 | 13.0 |
| MILK, SKIM | 1 each | 10 | 13.0 |
| Weighted Daily Average % of Calories | | | 111.23 70.3% |
| Nutrient Guideline | | | |

| Wed - 01/10/2018 | | | |
|--------------------------------|---------|-----|-------|
| Washington High Lunch | Total | 150 | |
| RIB BQ SAND _ hamb bun *H2* | 1 EACH | 60 | 44.47 |
| HAMBURGER ON A BUN *H2* | 1 EACH | 60 | 33.23 |
| BOXED LUNCH, PBJ GRAPE*H1* | 1 EACH | 15 | 51.24 |
| BOXED LUNCH, Turkey Deli *H1* | 1 EACH | 15 | 51.03 |
| CHIPS, DORITOS Nacho Chees*H1* | 1 EACH | 40 | 20.0 |
| CHIPS, DORITOS Cooler Ranch | 1 EACH | 40 | 19.0 |
| CHIPS, DORITOS Sweet Chili | BAG | 40 | 20.0 |
| CARROTS, BABY 1/2 c bag *H1* | BAG | 50 | 3.74 |
| SALAD, SECONDARY SIDE *H1* | 1 EACH | 50 | 14.46 |
| FRUIT,FRESH ASSORT JH *H1* | 1 EACH | 75 | 21.34 |
| FRUIT, CANNED ASSORTMENT *H1* | 1/2 CUP | 75 | 10.87 |
| CONDIMENT BAR (MS HS) *H1* | serving | 30 | 2.86 |
| MILK, FAT FREE CHOC | 1 each | 75 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 50 | 13.0 |
| MILK, SKIM | 1 each | 25 | 13.0 |
| Washington Breakfast Trans | Total | 100 | |
| SANDWICH BRK EGG w SAUSAGE | 1 EACH | 10 | 20.19 |
| POPARTS *H2* WHOLE GRAIN | 1 EACH | 10 | 37.26 |
| BAR CHOC CHIP BETTER BASICS | 1 EACH | 10 | 43.95 |
| BAR NUTRI-GRAIN STRAWBERRY | 1 EACH | 10 | 28.96 |
| BAR BREAKFAST ASSORTMENT | 1 EACH | 10 | 31.72 |
| BAR GRANOLA CHEWY | 1 EACH | 10 | 27.94 |
| CEREAL, All *H1* | 1 EACH | 10 | 21.33 |
| YOGURT 4oz *H1* | 1 EACH | 10 | 19.54 |
| FRUIT,FRESH ASSORT WASH *H1* | 1 EACH | 50 | 12.57 |
| FRUIT, PINEAPPLE & ORANGE *H1* | 1/2 cup | 50 | 19.63 |
| JUICE VARIETY JH/HS *H1* | 1 EACH | 75 | 24.75 |
| MILK, FAT FREE CHOC | 1 each | 70 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 20 | 13.0 |
| MILK, SKIM | 1 each | 10 | 13.0 |

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Page 6

Generated on: 12/28/2017 12:22:55 PM

| | Portion Size | Reimb Qty | Carb (g) |
|------------------------|--------------|-----------|----------|
| Weighted Daily Average | | | 90.35 |
| % of Calories | | | 62.7% |
| Nutrient Guideline | | | |

| Thu - 01/11/2018 | | | |
|--------------------------------|-----------|-----|--------|
| Washington High Lunch | Total | 150 | |
| CHICKEN, POPCORN, 2 M | 12 PIECES | 120 | 15.78 |
| BOX LUNCH PBJ STRAWBERRY H1 | 1 EACH | 15 | 52.03 |
| BOXED LUNCH, Ham Deli *H1* | 1 EACH | 15 | 56.96 |
| POTATO, MASHED 1/2 CUP *H2* | 1/2 CUP | 120 | 16.33 |
| ROLL, WHEAT 2oz*H2* | 2 EACH | 100 | 53.71 |
| GRAVY, COUNTRY | 1/4 cup | 120 | 5.54 |
| CORN Frozen 1/2 cup*H2* | 1/2 CUP | 100 | 17.41 |
| CHEESE, CHEDDAR shred B031 | 2 TBSP | 100 | 0.25 |
| SALAD, SECONDARY SIDE *H1* | 1 EACH | 75 | 14.46 |
| GRAPES,Fresh *H1* | 1/2 CUP | 75 | 19.45 |
| FRUIT,FRESH ASSORT JH *H1* | 1 EACH | 50 | 21.34 |
| FRUIT, CANNED ASSORTMENT *H1* | 1/2 CUP | 50 | 10.87 |
| CONDIMENT BAR (MS HS) *H1* | serving | 30 | 2.86 |
| MILK, FAT FREE CHOC | 1 each | 75 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 50 | 13.0 |
| MILK, SKIM | 1 each | 25 | 13.0 |
| Washington Breakfast Trans | Total | 100 | |
| BREAKFAST SLIDER | 1 EACH | 50 | 22.0 |
| BAGEL STRAWBERRY CHEESE *H2* | 1 each | 10 | 40.8 |
| POPARTS *H2* WHOLE GRAIN | 1 EACH | 10 | 37.26 |
| BAR CHOC CHIP BETTER BASICS | 1 EACH | 10 | 43.95 |
| BAR NUTRI-GRAIN STRAWBERRY | 1 EACH | 10 | 28.96 |
| BAR BREAKFAST ASSORTMENT | 1 EACH | 10 | 31.72 |
| BAR GRANOLA CHEWY | 1 EACH | 10 | 27.94 |
| CEREAL, All *H1* | 1 EACH | 10 | 21.33 |
| YOGURT 4oz *H1* | 1 EACH | 10 | 19.54 |
| FRUIT,FRESH ASSORT WASH *H1* | 1 EACH | 50 | 12.57 |
| FRUIT, PINEAPPLE & ORANGE *H1* | 1/2 cup | 50 | 19.63 |
| JUICE VARIETY JH/HS *H1* | 1 EACH | 75 | 24.75 |
| MILK, FAT FREE CHOC | 1 each | 70 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 20 | 13.0 |
| MILK, SKIM | 1 each | 10 | 13.0 |
| Weighted Daily Average | | | 117.82 |
| % of Calories | | | 62.3% |
| Nutrient Guideline | | | |

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Breakfast Transport

Portion Values - Detailed

Page 7

Generated on: 12/28/2017 12:22:55 PM

| | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| Fri - 01/12/2018 | | | |
| Washington High Lunch | Total | 150 | |
| PIZZA, PHUT CHEESE 8 cut *H2* | SLICE | 40 | 30.0 |
| PIZZA, PHUT, PEP, 8 cut *H2* | SLICE | 40 | 30.0 |
| PIZZA, PHUT SAUSAGE *H2* | SLICE | 40 | 28.0 |
| BOXED LUNCH, PBJ GRAPE*H1* | 1 EACH | 15 | 51.24 |
| BOXED LUNCH, Turkey Deli *H1* | 1 EACH | 15 | 51.03 |
| CHIPS, DORITOS Cooler Ranch | 1 EACH | 1 | 19.0 |
| CHIPS, DORITOS Nacho Chees*H1* | 1 EACH | 1 | 20.0 |
| CHIPS, DORITOS Sweet Chili | BAG | 120 | 20.0 |
| SALAD, SECONDARY SIDE *H1* | 1 EACH | 50 | 14.46 |
| CARROTS, BABY 1/2 c bag *H1* | BAG | 50 | 3.74 |
| FRUIT,FRESH ASSORT JH *H1* | 1 EACH | 75 | 21.34 |
| FRUIT, CANNED ASSORTMENT *H1* | 1/2 CUP | 75 | 10.87 |
| COOKIE, CHOC CHIP, RF/ WG *H3* | 1 EACH | 150 | 22.94 |
| CONDIMENT BAR (MS HS) *H1* | serving | 30 | 2.86 |
| MILK, FAT FREE CHOC | 1 each | 75 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 50 | 13.0 |
| MILK, SKIM | 1 each | 25 | 13.0 |
| Washington Breakfast Trans | Total | 100 | |
| FRENCH TOAST STK 3 EACH*H2* | 3 Sticks | 50 | 40.0 |
| BACON, JENNIE O 2 slices | 2 slices | 10 | 0.0 |
| POPARTS *H2* WHOLE GRAIN | 1 EACH | 10 | 37.26 |
| BAR CHOC CHIP BETTER BASICS | 1 EACH | 10 | 43.95 |
| BAR NUTRI-GRAIN STRAWBERRY | 1 EACH | 10 | 28.96 |
| BAR BREAKFAST ASSORTMENT | 1 EACH | 10 | 31.72 |
| BAR GRANOLA CHEWY | 1 EACH | 10 | 27.94 |
| CEREAL, All *H1* | 1 EACH | 10 | 21.33 |
| YOGURT 4oz *H1* | 1 EACH | 10 | 19.54 |
| FRUIT,FRESH ASSORT WASH *H1* | 1 EACH | 50 | 12.57 |
| FRUIT COCKTAIL 1/2 cup *H1* | 1/2 CUP | 50 | 19.88 |
| JUICE VARIETY JH/HS *H1* | 1 EACH | 75 | 24.75 |
| MILK, FAT FREE CHOC | 1 each | 70 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 20 | 13.0 |
| MILK, SKIM | 1 each | 10 | 13.0 |
| Weighted Daily Average | | | 107.10 |
| % of Calories | | | 62.4% |
| Nutrient Guideline | | | |

| | | | |
|-------------------------------|----------|-----|-------|
| Tue - 01/16/2018 | | | |
| Washington High Lunch | Total | 150 | |
| CHICKEN, STRIP 3ea TYSON *H2* | 3 strips | 120 | 13.42 |
| BOXED LUNCH, PBJ GRAPE*H1* | 1 EACH | 15 | 51.24 |
| BOXED LUNCH, Turkey Deli *H1* | 1 EACH | 15 | 51.03 |
| CHIPS, SUN *H1* | BAG | 120 | 18.5 |
| VEGETABLES, CALIFORNIA BLEND | 1/2 CUP | 75 | 3.5 |
| SALAD, SECONDARY SIDE *H1* | 1 EACH | 75 | 14.46 |
| FRUIT,FRESH ASSORT JH *H1* | 1 EACH | 75 | 21.34 |
| FRUIT, CANNED ASSORTMENT *H1* | 1/2 CUP | 75 | 10.87 |
| CONDIMENT BAR (MS HS) *H1* | serving | 30 | 2.86 |
| MILK, FAT FREE CHOC | 1 each | 75 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 50 | 13.0 |
| MILK, SKIM | 1 each | 25 | 13.0 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Ogden School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: Washington High Lunch/Washington
Breakfast Transport

Portion Values - Detailed

| | Portion Size | Reimb Qty | Carb (g) |
|------------------------------|--------------|-----------|----------|
| Washington Breakfast Trans | Total | 100 | |
| PANCAKE ON A STICK *H2* | 1 each | 50 | 45.6 |
| POPARTS *H2* WHOLE GRAIN | 1 EACH | 10 | 37.26 |
| BAR CHOC CHIP BETTER BASICS | 1 EACH | 10 | 43.95 |
| BAR NUTRI-GRAIN STRAWBERRY | 1 EACH | 10 | 28.96 |
| BAR BREAKFAST ASSORTMENT | 1 EACH | 10 | 31.72 |
| BAR GRANOLA CHEWY | 1 EACH | 10 | 27.94 |
| CEREAL, All *H1* | 1 EACH | 10 | 21.33 |
| YOGURT 4oz *H1* | 1 EACH | 10 | 19.54 |
| FRUIT,FRESH ASSORT WASH *H1* | 1 EACH | 30 | 12.57 |
| APPLESAUCE CUP STRAWBERRY | 1 EACH | 40 | 14.0 |
| JUICE VARIETY JH/HS *H1* | 1 EACH | 75 | 24.75 |
| MILK, FAT FREE CHOC | 1 each | 70 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 20 | 13.0 |
| MILK, SKIM | 1 each | 10 | 13.0 |
| Weighted Daily Average | | | 84.95 |
| % of Calories | | | 56.9% |
| Nutrient Guideline | | | |

| Wed - 01/17/2018 | | | |
|--------------------------------|----------------|-----|--------|
| Washington High Lunch | Total | 150 | |
| CHICKEN YANGS SWEET & SOUR | 3.8 oz SERVING | 120 | 18.32 |
| BOX LUNCH PBJ STRAWBERRY H1 | 1 EACH | 15 | 52.03 |
| BOXED LUNCH, Ham Deli *H1* | 1 EACH | 15 | 56.96 |
| RICE w/ soy sauce *H2* | 1 CUP | 100 | 44.38 |
| EGG ROLL VEG *H2* | 1 EACH | 100 | 22.16 |
| VEGETABLES, CALIFORNIA BLEND | 1/2 CUP | 75 | 3.5 |
| FRUIT,FRESH ASSORT JH *H1* | 1 EACH | 75 | 21.34 |
| FRUIT, CANNED ASSORTMENT *H1* | 1/2 CUP | 75 | 10.87 |
| CONDIMENT BAR (MS HS) *H1* | serving | 30 | 2.86 |
| MILK, FAT FREE CHOC | 1 each | 75 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 50 | 13.0 |
| MILK, SKIM | 1 each | 25 | 13.0 |
| Washington Breakfast Trans | Total | 100 | |
| PANCAKES, MINI, KELLOGGS EGGO | PACKAGE | 50 | 35.0 |
| EGGS, FRITTATA,sunnyfresh *H2* | SERVING | 1 | 1.01 |
| POPARTS *H2* WHOLE GRAIN | 1 EACH | 10 | 37.26 |
| BAR CHOC CHIP BETTER BASICS | 1 EACH | 10 | 43.95 |
| BAR NUTRI-GRAIN STRAWBERRY | 1 EACH | 10 | 28.96 |
| BAR BREAKFAST ASSORTMENT | 1 EACH | 10 | 31.72 |
| CEREAL, All *H1* | 1 EACH | 10 | 21.33 |
| BAR GRANOLA CHEWY | 1 EACH | 10 | 27.94 |
| YOGURT 4oz *H1* | 1 EACH | 10 | 19.54 |
| FRUIT,FRESH ASSORT WASH *H1* | 1 EACH | 50 | 12.57 |
| PEARS: canned,light syrup *H1* | 1/2 CUP | 50 | 16.86 |
| JUICE VARIETY JH/HS *H1* | 1 EACH | 75 | 24.75 |
| MILK, FAT FREE CHOC | 1 each | 70 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 20 | 13.0 |
| MILK, SKIM | 1 each | 10 | 13.0 |
| Weighted Daily Average | | | 101.12 |
| % of Calories | | | 71.0% |
| Nutrient Guideline | | | |

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Ogden School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 9

Jan 1, 2018 thru Jan 31, 2018

Combined: Washington High Lunch/Washington
Breakfast Transport

Generated on: 12/28/2017 12:22:55 PM

| | Portion Size | Reimb Qty | Carb (g) |
|---------------------------------|-----------------|--------------|-------------|
| Thu - 01/18/2018 | | | |
| Washington High Lunch | Total | 150 | |
| TURKEY ROAST (SLICED) *H3* | 2 oz | 120 | 2.14 |
| BOX LUNCH PBJ STRAWBERRY H1 | 1 EACH | 15 | 52.03 |
| BOXED LUNCH, Ham Deli *H1* | 1 EACH | 15 | 56.96 |
| GRAVY, TURKEY *H2* | 1/4 CUP | 120 | 3.19 |
| POTATO, MASHED 2/3 CUP *H2* | 2/3 CUP | 120 | 17.86 |
| ROLL, WHEAT 2oz*H2* | 2 EACH | 100 | 53.71 |
| GREEN BEANS: cannnd,cooked *H2* | 1/2 CUP | 50 | 2.98 |
| SALAD, SECONDARY SIDE *H1* | 1 EACH | 50 | 14.46 |
| FRUIT,FRESH ASSORT JH *H1* | 1 EACH | 50 | 21.34 |
| FRUIT, CANNED ASSORTMENT *H1* | 1/2 CUP | 50 | 10.87 |
| GRAPES,Fresh *H1* | 1/2 CUP | 25 | 19.45 |
| CONDIMENT BAR (MS HS) *H1* | serving | 30 | 2.86 |
| MILK, FAT FREE CHOC | 1 each | 75 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 50 | 13.0 |
| MILK, SKIM | 1 each | 25 | 13.0 |
| Washington Breakfast Trans | Total | 100 | |
| SANDWICH BRK EGG w SAUSAGE | 1 EACH | 50 | 20.19 |
| SAUSAGE. PATTY JENNIE O | 1 each | 10 | 0.0 |
| POPARTS *H2* WHOLE GRAIN | 1 EACH | 10 | 37.26 |
| BAR CHOC CHIP BETTER BASICS | 1 EACH | 10 | 43.95 |
| BAR NUTRI-GRAIN STRAWBERRY | 1 EACH | 10 | 28.96 |
| BAR BREAKFAST ASSORTMENT | 1 EACH | 10 | 31.72 |
| CEREAL, All *H1* | 1 EACH | 10 | 21.33 |
| BAR GRANOLA CHEWY | 1 EACH | 10 | 27.94 |
| YOGURT 4oz *H1* | 1 EACH | 10 | 19.54 |
| FRUIT, PINEAPPLE & ORANGE *H1* | 1/2 cup | 50 | 19.63 |
| FRUIT,FRESH ASSORT WASH *H1* | 1 EACH | 50 | 12.57 |
| JUICE VARIETY JH/HS *H1* | 1 EACH | 75 | 24.75 |
| MILK, FAT FREE CHOC | 1 each | 70 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 30 | 13.0 |
| MILK, SKIM | 1 each | 10 | 13.0 |
| Weighted Daily Average | | | 97.60 |
| % of Calories | | | 64.3% |
| Nutrient Guideline | | | |

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Ogden School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: Washington High Lunch/Washington
Breakfast Transport

Portion Values - Detailed

Page 10

Generated on: 12/28/2017 12:22:55 PM

| | Portion Size | Reimb Qty | Carb (g) |
|---------------------------------|-----------------|--------------|-------------|
| Fri - 01/19/2018 | | | |
| Washington High Lunch | Total | 150 | |
| PIZZA, PHUT CHEESE 8 cut *H2* | SLICE | 40 | 30.0 |
| PIZZA, PHUT, PEP, 8 cut *H2* | SLICE | 40 | 30.0 |
| PIZZA, PHUT HAWAIIAN | SLICE | 40 | 31.02 |
| BOXED LUNCH, PBJ GRAPE*H1* | 1 EACH | 15 | 51.24 |
| BOXED LUNCH, Turkey Deli *H1* | 1 EACH | 15 | 51.03 |
| CHIPS, DORITOS Cooler Ranch | 1 EACH | 1 | 19.0 |
| CHIPS, DORITOS Nacho Chees*H1* | 1 EACH | 50 | 20.0 |
| CHIPS, DORITOS Sweet Chili | BAG | 50 | 20.0 |
| SALAD, SECONDARY SIDE *H1* | 1 EACH | 50 | 14.46 |
| CARROTS, BABY 1/2 c bag *H1* | BAG | 50 | 3.74 |
| FRUIT,FRESH ASSORT JH *H1* | 1 EACH | 75 | 21.34 |
| FRUIT, CANNED ASSORTMENT *H1* | 1/2 CUP | 50 | 10.87 |
| COOKIE, CARNIVAL RF/ WG *H3* | 1 EACH | 150 | 22.94 |
| CONDIMENT BAR (MS HS) *H1* | serving | 30 | 2.86 |
| MILK, FAT FREE CHOC | 1 each | 75 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 50 | 13.0 |
| MILK, SKIM | 1 each | 25 | 13.0 |
| Washington Breakfast Trans | Total | 100 | |
| BREAKFAST PIZZA | 1 each | 50 | 27.0 |
| MUFFIN, BANANA, DAVIS, FZN | 2 oz muffin | 10 | 37.56 |
| MUFFIN, CHOC CHIP, DAVIS, FZN | 2 oz muffin | 10 | 34.18 |
| BAR CHOC CHIP BETTER BASICS | 1 EACH | 10 | 43.95 |
| BAR NUTRI-GRAIN STRAWBERRY | 1 EACH | 10 | 28.96 |
| YOGURT 4oz *H1* | 1 EACH | 10 | 19.54 |
| POPARTS *H2* WHOLE GRAIN | 1 EACH | 10 | 37.26 |
| BAR BREAKFAST ASSORTMENT | 1 EACH | 10 | 31.72 |
| BAR GRANOLA CHEWY | 1 EACH | 10 | 27.94 |
| CEREAL, All *H1* | 1 EACH | 10 | 21.33 |
| FRUIT,FRESH ASSORT WASH *H1* | 1 EACH | 50 | 12.57 |
| PEACHES: cannd,light syrps *H1* | 1/2 CUP | 50 | 14.01 |
| JUICE VARIETY JH/HS *H1* | 1 EACH | 75 | 24.75 |
| MILK, FAT FREE CHOC | 1 each | 70 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 20 | 13.0 |
| MILK, SKIM | 1 each | 10 | 13.0 |
| Weighted Daily Average | | | 103.91 |
| % of Calories | | | 62.1% |
| Nutrient Guideline | | | |

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Ogden School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: Washington High Lunch/Washington
Breakfast Transport

Portion Values - Detailed

| | Portion Size | Reimb Qty | Carb (g) |
|-------------------------------|-----------------|-----------|----------|
| Mon - 01/22/2018 | | | |
| Washington High Lunch | Total | 150 | |
| CHICKEN, POPCORN, 2 M | 12 PIECES | 120 | 15.78 |
| BREAD STICK, WG 1 EACH *H2* | 1 EACH | 120 | 13.43 |
| BOXED LUNCH, PBJ GRAPE*H1* | 1 EACH | 15 | 51.24 |
| BOXED LUNCH, Turkey Deli *H1* | 1 EACH | 15 | 51.03 |
| BAKED BEANS *H2* | 1/2 CUP | 75 | 32.87 |
| CARROTS, BABY 1/2 c bag *H1* | BAG | 75 | 3.74 |
| SALAD, SECONDARY SIDE *H1* | 1 EACH | 25 | 14.46 |
| FRUIT,FRESH ASSORT JH *H1* | 1 EACH | 75 | 21.34 |
| FRUIT, CANNED ASSORTMENT *H1* | 1/2 CUP | 75 | 10.87 |
| COOKIE, CARNIVAL RF/ WG *H3* | 1 EACH | 150 | 22.94 |
| CONDIMENT BAR (MS HS) *H1* | serving | 30 | 2.86 |
| MILK, FAT FREE CHOC | 1 each | 75 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 50 | 13.0 |
| MILK, SKIM | 1 each | 25 | 13.0 |
| Washington Breakfast Trans | Total | 100 | |
| WAFFLE DUTCH | 1 Each | 50 | 41.96 |
| EGGS,SCRAMBLED -1/2cup *H2* | (1/2cup serving | 10 | 0.75 |
| BAR CHOC CHIP BETTER BASICS | 1 EACH | 10 | 43.95 |
| BAR NUTRI-GRAIN STRAWBERRY | 1 EACH | 10 | 28.96 |
| BAR BREAKFAST ASSORTMENT | 1 EACH | 10 | 31.72 |
| BAR GRANOLA CHEWY | 1 EACH | 10 | 27.94 |
| CEREAL, All *H1* | 1 EACH | 10 | 21.33 |
| YOGURT 4oz *H1* | 1 EACH | 10 | 19.54 |
| FRUIT,FRESH ASSORT WASH *H1* | 1 EACH | 50 | 12.57 |
| APPLESAUCE CUP STRAWBERRY | 1 EACH | 50 | 14.0 |
| JUICE VARIETY JH/HS *H1* | 1 EACH | 75 | 24.75 |
| MILK, FAT FREE CHOC | 1 each | 70 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 20 | 13.0 |
| MILK, SKIM | 1 each | 10 | 13.0 |
| Weighted Daily Average | | | 103.83 |
| % of Calories | | | 61.1% |
| Nutrient Guideline | | | |

| | | | |
|-------------------------------|----------------|-----|-------|
| Tue - 01/23/2018 | | | |
| Washington High Lunch | Total | 150 | |
| CHICKEN YANGS MANDARIN 2 M | 3.6 oz serving | 120 | 19.33 |
| BOXED LUNCH, Ham Deli *H1* | 1 EACH | 15 | 56.96 |
| BOX LUNCH PBJ STRAWBERRY H1 | 1 EACH | 15 | 52.03 |
| RICE w/ soy sauce *H2* | 1 CUP | 75 | 44.38 |
| EGG ROLL VEG *H2* | 2 EACH | 75 | 44.32 |
| BROCCOLI Frozen 1/2 cup*H2* | 1/2 CUP | 25 | 4.62 |
| FRUIT,FRESH ASSORT JH *H1* | 1 EACH | 75 | 21.34 |
| FRUIT, CANNED ASSORTMENT *H1* | 1/2 CUP | 75 | 10.87 |
| CONDIMENT BAR (MS HS) *H1* | serving | 30 | 2.86 |
| MILK, FAT FREE CHOC | 1 each | 75 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 50 | 13.0 |
| MILK, SKIM | 1 each | 25 | 13.0 |

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Ogden School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: Washington High Lunch/Washington
Breakfast Transport

Portion Values - Detailed

| | Portion Size | Reimb Qty | Carb (g) |
|-----------------------------------------|--------------|-----------|-----------------|
| Washington Breakfast Trans | Total | 100 | |
| TOAST, APPLE CINNAMON | 1 SLICE | 50 | 44.79 |
| POPARTS *H2* WHOLE GRAIN | 1 EACH | 10 | 37.26 |
| BAR CHOC CHIP BETTER BASICS | 1 EACH | 10 | 43.95 |
| BAR NUTRI-GRAIN STRAWBERRY | 1 EACH | 10 | 28.96 |
| BAR BREAKFAST ASSORTMENT | 1 EACH | 10 | 31.72 |
| BAR GRANOLA CHEWY | 1 EACH | 10 | 27.94 |
| CEREAL, All *H1* | 1 EACH | 10 | 21.33 |
| YOGURT 4oz *H1* | 1 EACH | 10 | 19.54 |
| FRUIT,FRESH ASSORT WASH *H1* | 1 EACH | 50 | 12.57 |
| PEARS: canned,light syrup *H1* | 1/2 CUP | 50 | 16.86 |
| JUICE VARIETY JH/HS *H1* | 1 EACH | 75 | 24.75 |
| MILK, FAT FREE CHOC | 1 each | 70 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 20 | 13.0 |
| MILK, SKIM | 1 each | 10 | 13.0 |
| Weighted Daily Average % of Calories | | | 102.97 70.6% |
| Nutrient Guideline | | | |

| Wed - 01/24/2018 | | | |
|--------------------------------|---------|-----|-------|
| Washington High Lunch | Total | 150 | |
| HAMBURGER ON A BUN *H2* | 1 EACH | 120 | 33.23 |
| CHEESE SLICES *H1* | SLICE | 100 | 1.01 |
| SANDWICH, TURKEY&HAM 2M*H1* | 1 EACH | 15 | 33.36 |
| BOXED LUNCH, PBJ GRAPE*H1* | 1 EACH | 15 | 51.24 |
| CHIPS, DORITOS Nacho Chees*H1* | 1 EACH | 40 | 20.0 |
| CHIPS, DORITOS Cooler Ranch | 1 EACH | 40 | 19.0 |
| CHIPS, DORITOS Sweet Chili | BAG | 40 | 20.0 |
| SALAD, SECONDARY SIDE *H1* | 1 EACH | 25 | 14.46 |
| FRUIT,FRESH ASSORT JH *H1* | 1 EACH | 75 | 21.34 |
| FRUIT, CANNED ASSORTMENT *H1* | 1/2 CUP | 75 | 10.87 |
| COOKIE, CHOC CHIP, RF/ WG *H3* | 1 EACH | 150 | 22.94 |
| CONDIMENT BAR (MS HS) *H1* | serving | 30 | 2.86 |
| MILK, FAT FREE CHOC | 1 each | 75 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 50 | 13.0 |
| MILK, SKIM | 1 each | 25 | 13.0 |
| Washington Breakfast Trans | Total | 100 | |
| SANDWICH BRK EGG w SAUSAGE | 1 EACH | 10 | 20.19 |
| POPARTS *H2* WHOLE GRAIN | 1 EACH | 10 | 37.26 |
| BAR CHOC CHIP BETTER BASICS | 1 EACH | 10 | 43.95 |
| BAR NUTRI-GRAIN STRAWBERRY | 1 EACH | 10 | 28.96 |
| BAR BREAKFAST ASSORTMENT | 1 EACH | 10 | 31.72 |
| BAR GRANOLA CHEWY | 1 EACH | 10 | 27.94 |
| CEREAL, All *H1* | 1 EACH | 10 | 21.33 |
| YOGURT 4oz *H1* | 1 EACH | 10 | 19.54 |
| FRUIT,FRESH ASSORT WASH *H1* | 1 EACH | 50 | 12.57 |
| FRUIT, PINEAPPLE & ORANGE *H1* | 1/2 cup | 50 | 19.63 |
| JUICE VARIETY JH/HS *H1* | 1 EACH | 75 | 24.75 |
| MILK, FAT FREE CHOC | 1 each | 70 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 20 | 13.0 |
| MILK, SKIM | 1 each | 10 | 13.0 |

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Ogden School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: Washington High Lunch/Washington
Breakfast Transport

Portion Values - Detailed

| | Portion Size | Reimb Qty | Carb (g) |
|------------------------|--------------|-----------|----------|
| Weighted Daily Average | | | 98.57 |
| % of Calories | | | 60.3% |
| Nutrient Guideline | | | |

| Thu - 01/25/2018 | | | |
|--------------------------------|---------|-----|--------|
| Washington High Lunch | Total | 150 | |
| Beef Fingers Breaded 4 each | 4 EACH | 120 | 16.53 |
| BOX LUNCH PBJ STRAWBERRY H1 | 1 EACH | 15 | 52.03 |
| BOXED LUNCH, Ham Deli *H1* | 1 EACH | 15 | 56.96 |
| GRAVY, COUNTRY | 1/4 cup | 120 | 5.54 |
| POTATO, MASHED 1/2 CUP *H2* | 1/2 CUP | 120 | 16.33 |
| ROLL, WHEAT 2oz*H2* | 2 EACH | 100 | 53.71 |
| SALAD, SECONDARY SIDE *H1* | 1 EACH | 25 | 14.46 |
| CARROT STEAMED BABY *H2* | 1/2 CUP | 25 | 7.24 |
| FRUIT,FRESH ASSORT JH *H1* | 1 EACH | 75 | 21.34 |
| FRUIT, CANNED ASSORTMENT *H1* | 1/2 CUP | 75 | 10.87 |
| CONDIMENT BAR (MS HS) *H1* | serving | 30 | 2.86 |
| MILK, FAT FREE CHOC | 1 each | 75 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 50 | 13.0 |
| MILK, SKIM | 1 each | 25 | 13.0 |
| Washington Breakfast Trans | Total | 100 | |
| BREAKFAST SLIDER | 1 EACH | 50 | 22.0 |
| BAGEL STRAWBERRY CHEESE *H2* | 1 each | 10 | 40.8 |
| POPTARTS *H2* WHOLE GRAIN | 1 EACH | 10 | 37.26 |
| BAR CHOC CHIP BETTER BASICS | 1 EACH | 10 | 43.95 |
| BAR NUTRI-GRAIN STRAWBERRY | 1 EACH | 10 | 28.96 |
| BAR BREAKFAST ASSORTMENT | 1 EACH | 10 | 31.72 |
| BAR GRANOLA CHEWY | 1 EACH | 10 | 27.94 |
| CEREAL, All *H1* | 1 EACH | 10 | 21.33 |
| YOGURT 4oz *H1* | 1 EACH | 10 | 19.54 |
| FRUIT,FRESH ASSORT WASH *H1* | 1 EACH | 50 | 12.57 |
| FRUIT, PINEAPPLE & ORANGE *H1* | 1/2 cup | 50 | 19.63 |
| JUICE VARIETY JH/HS *H1* | 1 EACH | 75 | 24.75 |
| MILK, FAT FREE CHOC | 1 each | 70 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 20 | 13.0 |
| MILK, SKIM | 1 each | 10 | 13.0 |
| Weighted Daily Average | | | 106.34 |
| % of Calories | | | 63.9% |
| Nutrient Guideline | | | |

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Ogden School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: Washington High Lunch/Washington
Breakfast Transport

Portion Values - Detailed

| | Portion Size | Reimb Qty | Carb (g) |
|---------------------------------|--------------|-----------|----------|
| Fri - 01/26/2018 | | | |
| Washington High Lunch | Total | 150 | |
| PIZZA, PHUT CHEESE 8 cut *H2* | SLICE | 40 | 30.0 |
| PIZZA, PHUT, PEP, 8 cut *H2* | SLICE | 40 | 30.0 |
| PIZZA, PHUT SAUSAGE *H2* | SLICE | 40 | 28.0 |
| BOXED LUNCH, PBJ GRAPE *H1* | 1 EACH | 15 | 51.24 |
| SANDWICH, HAM&CHEESE 2M *H3* | 1 EACH | 15 | 35.1 |
| CHIPS, DORITOS Cooler Ranch | 1 EACH | 130 | 19.0 |
| CHIPS, DORITOS Nacho Chees *H1* | 1 EACH | 10 | 20.0 |
| CHIPS, DORITOS Sweet Chili | BAG | 10 | 20.0 |
| SALAD, SECONDARY SIDE *H1* | 1 EACH | 50 | 14.46 |
| CARROTS, BABY 1/2 c bag *H1* | BAG | 50 | 3.74 |
| FRUIT, FRESH ASSORT JH *H1* | 1 EACH | 75 | 21.34 |
| FRUIT, CANNED ASSORTMENT *H1* | 1/2 CUP | 75 | 10.87 |
| PUDDING, HUNTS *H1* | 1 EACH | 150 | 20.5 |
| CONDIMENT BAR (MS HS) *H1* | serving | 30 | 2.86 |
| MILK, FAT FREE CHOC | 1 each | 75 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 50 | 13.0 |
| MILK, SKIM | 1 each | 25 | 13.0 |
| Washington Breakfast Trans | Total | 100 | |
| FRENCH TOAST STK 3 EACH *H2* | 3 Sticks | 50 | 40.0 |
| BACON, JENNIE O 2 slices | 2 slices | 10 | 0.0 |
| POPARTS *H2* WHOLE GRAIN | 1 EACH | 10 | 37.26 |
| BAR CHOC CHIP BETTER BASICS | 1 EACH | 10 | 43.95 |
| BAR NUTRI-GRAIN STRAWBERRY | 1 EACH | 10 | 28.96 |
| BAR BREAKFAST ASSORTMENT | 1 EACH | 10 | 31.72 |
| BAR GRANOLA CHEWY | 1 EACH | 10 | 27.94 |
| CEREAL, All *H1* | 1 EACH | 10 | 21.33 |
| YOGURT 4oz *H1* | 1 EACH | 10 | 19.54 |
| FRUIT, FRESH ASSORT WASH *H1* | 1 EACH | 50 | 12.57 |
| FRUIT COCKTAIL 1/2 cup *H1* | 1/2 CUP | 50 | 19.88 |
| JUICE VARIETY JH/HS *H1* | 1 EACH | 75 | 24.75 |
| MILK, FAT FREE CHOC | 1 each | 70 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 20 | 13.0 |
| MILK, SKIM | 1 each | 10 | 13.0 |
| Weighted Daily Average | | | 106.41 |
| % of Calories | | | 62.0% |
| Nutrient Guideline | | | |

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Ogden School District

Jan 1, 2018 thru Jan 31, 2018
 Combined: Washington High Lunch/Washington
 Breakfast Transport

Base Menu Spreadsheet

Portion Values - Detailed

| | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|-----------------|--------------|-------------|
| Mon - 01/29/2018 | | | |
| Washington High Lunch | Total | 150 | |
| NACHOS (20 chips) *H2* HIGH SC | serv (20 chips) | 120 | 44.59 |
| BOXED LUNCH, PBJ GRAPE *H1* | 1 EACH | 15 | 51.24 |
| BOXED LUNCH, Turkey Deli *H1* | 1 EACH | 15 | 51.03 |
| TACO MEAT 2M/MA *H2* | 2.75 OZ | 120 | 3.43 |
| BEANS, REFRIED *H2* | 1/4 CUP | 75 | 12.23 |
| SPANISH RICE 1/4 cup *H2* | 1/4 CUP | 75 | 18.28 |
| CORN Frozen 1/2 cup *H2* | 1/2 CUP | 75 | 17.41 |
| FRUIT,FRESH ASSORT JH *H1* | 1 EACH | 75 | 21.34 |
| FRUIT, CANNED ASSORTMENT *H1* | 1/2 CUP | 75 | 10.87 |
| COND SALSA RED GOLD *H1* | 1/8 CUP | 120 | 1.96 |
| CONDIMENT BAR (MS HS) *H1* | serving | 30 | 2.86 |
| MILK, FAT FREE CHOC | 1 each | 75 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 50 | 13.0 |
| MILK, SKIM | 1 each | 25 | 13.0 |
| Washington Breakfast Trans | Total | 100 | |
| PANCAKE ON A STICK *H2* | 1 each | 50 | 45.6 |
| POPARTS *H2* WHOLE GRAIN | 1 EACH | 10 | 37.26 |
| BAR CHOC CHIP BETTER BASICS | 1 EACH | 10 | 43.95 |
| BAR NUTRI-GRAIN STRAWBERRY | 1 EACH | 10 | 28.96 |
| BAR BREAKFAST ASSORTMENT | 1 EACH | 10 | 31.72 |
| BAR GRANOLA CHEWY | 1 EACH | 10 | 27.94 |
| CEREAL, All *H1* | 1 EACH | 10 | 21.33 |
| YOGURT 4oz *H1* | 1 EACH | 10 | 19.54 |
| FRUIT,FRESH ASSORT WASH *H1* | 1 EACH | 30 | 12.57 |
| APPLESAUCE CUP STRAWBERRY | 1 EACH | 40 | 14.0 |
| JUICE VARIETY JH/HS *H1* | 1 EACH | 75 | 24.75 |
| MILK, FAT FREE CHOC | 1 each | 70 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 20 | 13.0 |
| MILK, SKIM | 1 each | 10 | 13.0 |
| Weighted Daily Average | | | 102.61 |
| % of Calories | | | 59.4% |
| Nutrient Guideline | | | |

| | | | |
|-------------------------------|---------|-----|-------|
| Tue - 01/30/2018 | | | |
| Washington High Lunch | Total | 150 | |
| CHICKEN FRIES | 8 FRIES | 120 | 16.25 |
| BOX LUNCH PBJ STRAWBERRY H1 | 1 EACH | 15 | 52.03 |
| BOXED LUNCH, Ham Deli *H1* | 1 EACH | 15 | 56.96 |
| POTATO, TWISTER FRIES *H2* | 1/2 CUP | 120 | 25.61 |
| SALAD, SECONDARY SIDE *H1* | 1 EACH | 50 | 14.46 |
| CARROTS, BABY 1/2 c bag *H1* | BAG | 50 | 3.74 |
| FRUIT,FRESH ASSORT JH *H1* | 1 EACH | 75 | 21.34 |
| FRUIT, CANNED ASSORTMENT *H1* | 1/2 CUP | 75 | 10.87 |
| CONDIMENT BAR (MS HS) *H1* | serving | 30 | 2.86 |
| MILK, FAT FREE CHOC | 1 each | 75 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 50 | 13.0 |
| MILK, SKIM | 1 each | 25 | 13.0 |

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Ogden School District

Jan 1, 2018 thru Jan 31, 2018
 Combined: Washington High Lunch/Washington
 Breakfast Transport

Base Menu Spreadsheet

Portion Values - Detailed

| | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|-----------------|--------------|-------------|
| Washington Breakfast Trans | Total | 100 | |
| PANCAKES, MINI, KELLOGGS EGGO | PACKAGE | 50 | 35.0 |
| EGGS, FRITTATA,sunnyfresh *H2* | SERVING | 1 | 1.01 |
| POPARTS *H2* WHOLE GRAIN | 1 EACH | 10 | 37.26 |
| BAR CHOC CHIP BETTER BASICS | 1 EACH | 10 | 43.95 |
| BAR NUTRI-GRAIN STRAWBERRY | 1 EACH | 10 | 28.96 |
| BAR BREAKFAST ASSORTMENT | 1 EACH | 10 | 31.72 |
| CEREAL, All *H1* | 1 EACH | 10 | 21.33 |
| BAR GRANOLA CHEWY | 1 EACH | 10 | 27.94 |
| YOGURT 4oz *H1* | 1 EACH | 10 | 19.54 |
| FRUIT,FRESH ASSORT WASH *H1* | 1 EACH | 50 | 12.57 |
| PEARS: canned,light syrup *H1* | 1/2 CUP | 50 | 16.86 |
| JUICE VARIETY JH/HS *H1* | 1 EACH | 75 | 24.75 |
| MILK, FAT FREE CHOC | 1 each | 70 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 20 | 13.0 |
| MILK, SKIM | 1 each | 10 | 13.0 |
| Weighted Daily Average | | | 88.40 |
| % of Calories | | | 60.5% |
| Nutrient Guideline | | | |

| Wed - 01/31/2018 | | | |
|--------------------------------|---------|-----|-------|
| Washington High Lunch | Total | 150 | |
| CHICKEN PATTY SANDWICH *H2* | 1 EACH | 60 | 47.42 |
| CHICKEN SPICY PATTY SAND *H2* | 1 EACH | 60 | 48.43 |
| SANDWICH UNCRS WW GRAPE*H1* | 1 EACH | 15 | 31.04 |
| SANDWICH, TURK & PROV *H1* | 1 EACH | 15 | 30.02 |
| CHEESE, STRING LT land o lakes | 1 each | 75 | 1.01 |
| CHIPS, SUN *H1* | BAG | 100 | 18.5 |
| CARROTS, BABY 1/2 c bag *H1* | BAG | 75 | 3.74 |
| SALAD, SECONDARY SIDE *H1* | 1 EACH | 50 | 14.46 |
| FRUIT,FRESH ASSORT JH *H1* | 1 EACH | 75 | 21.34 |
| FRUIT, CANNED ASSORTMENT *H1* | 1/2 CUP | 75 | 10.87 |
| RICE KRISPY TREATS *H2* | 1 EACH | 1 | 29.98 |
| CONDIMENT BAR (MS HS) *H1* | serving | 30 | 2.86 |
| MILK, FAT FREE CHOC | 1 each | 75 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 50 | 13.0 |
| MILK, SKIM | 1 each | 25 | 13.0 |
| Washington Breakfast Trans | Total | 100 | |
| SANDWICH BRK EGG w SAUSAGE | 1 EACH | 50 | 20.19 |
| SAUSAGE. PATTY JENNIE O | 1 each | 10 | 0.0 |
| POPARTS *H2* WHOLE GRAIN | 1 EACH | 10 | 37.26 |
| BAR CHOC CHIP BETTER BASICS | 1 EACH | 10 | 43.95 |
| BAR NUTRI-GRAIN STRAWBERRY | 1 EACH | 10 | 28.96 |
| BAR BREAKFAST ASSORTMENT | 1 EACH | 10 | 31.72 |
| CEREAL, All *H1* | 1 EACH | 10 | 21.33 |
| BAR GRANOLA CHEWY | 1 EACH | 10 | 27.94 |
| YOGURT 4oz *H1* | 1 EACH | 10 | 19.54 |
| FRUIT, PINEAPPLE & ORANGE *H1* | 1/2 cup | 50 | 19.63 |
| FRUIT,FRESH ASSORT WASH *H1* | 1 EACH | 50 | 12.57 |
| JUICE VARIETY JH/HS *H1* | 1 EACH | 75 | 24.75 |
| MILK, FAT FREE CHOC | 1 each | 70 | 24.0 |
| MILK, 1% WHITE CARTON | 1 each | 30 | 13.0 |
| MILK, SKIM | 1 each | 10 | 13.0 |

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Ogden School District

Jan 1, 2018 thru Jan 31, 2018
 Combined: Washington High Lunch/Washington
 Breakfast Transport

Base Menu Spreadsheet

Portion Values - Detailed

Page 17

Generated on: 12/28/2017 12:22:56 PM

| | Portion Size | Reimb Qty | Carb (g) |
|-----------------------------------------|-----------------|--------------|----------------|
| Weighted Daily Average % of Calories | | | 94.74 56.7% |
| Nutrient Guideline | | | |

| | | | |
|------------------|--|--|-----------------|
| Weighted Average | | | 101.13 62.0% |
|------------------|--|--|-----------------|

| Nutrient | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) |
|------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|-------------------------|
| Carbohydrate (g) | 101.13 | 62.00% | | | | | | |

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