

Ogden School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Jan 1, 2018 thru Jan 31, 2018

Combined: Junior High Lunch Main 7-9/Junior High Sandwich Line 7-9

Generated on: 12/28/2017 12:22:16 PM

	Portion Size	Reimb Qty	Carb (g)
Tue - 01/02/2018			
Junior High Lunch Main 7-9	Total	100	
CHICKEN FRIES	8 FRIES	100	16.25
POTATO, TWISTER FRIES *H2*	1/2 CUP	75	25.61
SALAD, SECONDARY SIDE *H1*	1 EACH	5	14.46
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	15	6.97
FRUIT,FRESH ASSORT JH *H1*	EACH	40	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	40	10.87
PUDDING,HUNTS *H1*	1 EACH	90	20.5
CONDIMENT BAR (MS HS) *H1*	serving	15	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Junior High Sandwich Line 7-	Total	100	
HOT DOG ON A BUN *H2*	1 EACH	25	32.99
CHICKEN PATTY SANDWICH *H2*	1 EACH	22	47.42
HAMBURGER ON A BUN *H2*	1 EACH	25	33.23
SALAD CHEF, Entree *H1*	1 each	3	49.79
BOX LUNCH PBJ STRAWBERRY H1	1 EACH	5	52.03
SANDWICH, TURKEY&HAM 2M*H1*	1 EACH	20	33.36
CHIPS, SUN *H1*	BAG	90	18.5
SALAD, SECONDARY SIDE *H1*	1 EACH	5	14.46
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	10	6.97
FRUIT,FRESH ASSORT JH *H1*	1 EACH	50	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
PUDDING,HUNTS *H1*	1 EACH	1	20.5
CONDIMENT BAR (MS HS) *H1*	serving	50	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			91.98
% of Calories			53.6%
Nutrient Guideline			

Wed - 01/03/2018			
Junior High Lunch Main 7-9	Total	100	
ENCHILADA, SECONDARY*H2*	1 EACH	100	36.95
ENCHILADA FIXINGS *H1*	serving	90	2.0
RICE, BROWN 1/2 cup*H2*	1/2 CUP	35	17.53
CORN Frozen 1/2 cup*H2*	1/2 CUP	25	17.41
BEAN BLACK FIESTA 1/2c	1/2 CUP	15	37.14
FRUIT,FRESH ASSORT JH *H1*	EACH	40	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	20	10.87
COND SALSA RED GOLD *H1*	1/8 CUP	75	1.96
CONDIMENT BAR (MS HS) *H1*	serving	15	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Carb (g)
Junior High Sandwich Line 7-	Total	100	
CHICKEN CRISPY FILET SAND*H2*	1 EACH	25	45.0
HAMBURGER ON A BUN *H2*	1 EACH	25	33.23
BURRITO, JH/HS, LOS COBO	1 EACH	25	44.28
SALAD CHEF, Entree *H1*	1 each	5	49.79
BOXED LUNCH, PBJ GRAPE*H1*	EACH	10	51.24
SANDWICH, TURKEY&HAM 2M*H1*	1 EACH	10	33.36
CHIPS, DORITOS Nacho Chees*H1*	1 each	90	20.0
CHIPS, DORITOS Cooler Ranch	1 EACH	1	19.0
CHIPS, DORITOS Sweet Chili	BAG	1	20.0
SALAD, SECONDARY SIDE *H1*	1 EACH	2	14.46
CARROTS, BABY 1/2 c bag *H1*	BAG	10	3.74
FRUIT,FRESH ASSORT JH *H1*	1 EACH	50	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
CONDIMENT BAR (MS HS) *H1*	serving	50	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			93.49
% of Calories			54.4%
Nutrient Guideline			

Thu - 01/04/2018			
Junior High Lunch Main 7-9	Total	100	
PORK CHOP, BREADED PATTY *H2*	1 EACH	100	13.39
GRAVY, COUNTRY	1/4 cup	95	5.54
POTATO, MASHED 1/2 CUP *H2*	1/2 CUP	95	16.33
ROLL, WHEAT 2oz*H2*	1 EACH	75	26.86
SALAD, SECONDARY SIDE *H1*	1 EACH	5	14.46
PEAS frozen 1/2 cup *H2*	1/2 CUP	15	13.48
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
FRUIT,FRESH ASSORT JH *H1*	EACH	30	21.34
CONDIMENT BAR (MS HS) *H1*	serving	15	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0

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Combined: Junior High Lunch Main 7-9/Junior High Sandwich Line 7-9

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	Portion Size	Reimb Qty	Carb (g)
Junior High Sandwich Line 7-	Total	100	
CHICKEN SPICY PATTY SAND *H2*	1 EACH	20	48.43
RIB BQ SAND _ hamb bun *H2*	1 EACH	20	44.47
SANDWICH CHEESE 2/2 *H2*	1 EACH	15	34.05
SALAD CHEF, Entree *H1*	1 each	5	49.79
BOX LUNCH PBJ STRAWBERRY H1	1 EACH	10	52.03
SANDWICH, WRAPHam HS 2M*H1*	1 EACH	15	31.36
SANDWICH, WRAPTurkey HS 2M*H1*	1 EACH	15	27.7
CHIPS, BAKED POTATO *H1*	BAG	90	20.0
CHIPS CHEETOS BAKED	1 EACH	1	16.0
CHIPS SPICY CHEETOS*H1*	BAG	1	17.0
SALAD, SECONDARY SIDE *H1*	1 EACH	5	14.46
CARROTS, BABY 1/2 c bag *H1*	BAG	20	3.74
FRUIT,FRESH ASSORT JH *H1*	1 EACH	50	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
CONDIMENT BAR (MS HS) *H1*	serving	50	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			91.97
% of Calories			53.6%
Nutrient Guideline			

Fri - 01/05/2018			
Junior High Lunch Main 7-9	Total	100	
PIZZA, PHUT CHEESE 8 cut *H2*	SLICE	50	30.0
PIZZA, PHUT, PEP, 8 cut *H2*	SLICE	25	30.0
PIZZA, PHUT VEGGIE *H2*	SLICE	25	30.0
POTATO, FRIES oven heat *H2*	1/2 CUP	90	21.74
SALAD, SECONDARY SIDE *H1*	1 EACH	5	14.46
CARROTS, BABY 1/2 c bag *H1*	BAG	10	3.74
FRUIT,FRESH ASSORT JH *H1*	1 EACH	30	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
COOKIE, CARNIVAL RF/ WG *H3*	1 EACH	90	22.94
CONDIMENT BAR (MS HS) *H1*	serving	15	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0

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Combined: Junior High Lunch Main 7-9/Junior High Sandwich Line 7-9

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	Portion Size	Reimb Qty	Carb (g)
Junior High Sandwich Line 7-	Total	100	
PIZZA, PHUT CHEESE 8 cut *H2*	SLICE	35	30.0
PIZZA, PHUT, PEP, 8 cut *H2*	SLICE	35	30.0
SALAD CHEF, Entree *H1*	1 each	5	49.79
BOXED LUNCH, PBJ GRAPE *H1*	EACH	10	51.24
SANDWICH, TURKEY&HAM 2M *H1*	1 EACH	15	33.36
POTATO, FRIES oven heat *H2*	1/2 CUP	75	21.74
CARROTS, BABY 1/2 c bag *H1*	BAG	20	3.74
SALAD, SECONDARY SIDE *H1*	1 EACH	5	14.46
FRUIT, FRESH ASSORT JH *H1*	1 EACH	35	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	35	10.87
COOKIE, CARNIVAL RF/ WG *H3*	1 EACH	90	22.94
CONDIMENT BAR (MS HS) *H1*	serving	15	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			103.27
% of Calories			58.3%
Nutrient Guideline			

Mon - 01/08/2018			
Junior High Lunch Main 7-9	Total	100	
TACO, w/beef HS	2 EACH	100	7.2
TACO FIXINGS *H1*	serving	95	3.66
SPANISH RICE 2/3 CUP salsa *H2*	2/3 CUP	45	43.73
BEANS, REFRIED *H2*	1/2 CUP	20	29.36
CORN Frozen 1/2 cup *H2*	1/2 CUP	20	17.41
FRUIT, FRESH ASSORT JH *H1*	EACH	40	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	35	10.87
CONDIMENT BAR (MS HS) *H1*	serving	15	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0

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Combined: Junior High Lunch Main 7-9/Junior High Sandwich Line 7-9

Portion Values - Detailed

	Portion Size	Reimb Qty	Carb (g)
Junior High Sandwich Line 7-	Total	100	
CORN DOG, CHICKEN *H2*	1 each	27	30.0
CHICKEN SPICY PATTY SAND *H2*	1 EACH	30	48.43
HAMBURGER ON A BUN *H2*	1 EACH	20	33.23
SALAD CHEF, Entree *H1*	1 each	3	49.79
BOXED LUNCH, PBJ GRAPE*H1*	EACH	10	51.24
SANDWICH, TURKEY&HAM 2M*H1*	1 EACH	10	33.36
CHIPS, DORITOS Nacho Chees*H1*	1 EACH	90	20.0
CHIPS, DORITOS Cooler Ranch	1 EACH	1	19.0
CHIPS, DORITOS Sweet Chili	BAG	1	20.0
CARROTS, BABY 1/2 c bag *H1*	BAG	1	3.74
SALAD, SECONDARY SIDE *H1*	1 EACH	10	14.46
FRUIT,FRESH ASSORT JH *H1*	1 EACH	50	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
CONDIMENT BAR (MS HS) *H1*	serving	60	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			85.40
% of Calories			49.0%
Nutrient Guideline			

Tue - 01/09/2018			
Junior High Lunch Main 7-9	Total	100	
CHICKEN YANGS GENERAL TSO'S	3.6 OZ SERVING	100	23.16
RICE w/ soy sauce *H2*	1 CUP	75	44.38
EGG ROLL VEG *H2*	1 EACH	50	22.16
BROCCOLI Frozen 1/2 cup*H2*	1/2 CUP	20	4.62
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	15	6.97
FRUIT,FRESH ASSORT JH *H1*	1 EACH	40	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	40	10.87
PUDDING,HUNTS *H1*	1 EACH	90	20.5
CONDIMENT BAR (MS HS) *H1*	serving	15	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0

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	Portion Size	Reimb Qty	Carb (g)
Junior High Sandwich Line 7-	Total	100	
HOT DOG ON A BUN *H2*	1 EACH	25	32.99
CHICKEN PATTY SANDWICH *H2*	1 EACH	22	47.42
HAMBURGER ON A BUN *H2*	1 EACH	25	33.23
SALAD CHEF, Entree *H1*	1 each	3	49.79
BOX LUNCH PBJ STRAWBERRY H1	1 EACH	5	52.03
SANDWICH, TURKEY&HAM 2M*H1*	1 EACH	20	33.36
CHIPS, SUN *H1*	BAG	90	18.5
SALAD, SECONDARY SIDE *H1*	1 EACH	5	14.46
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	10	6.97
FRUIT,FRESH ASSORT JH *H1*	1 EACH	50	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
PUDDING,HUNTS *H1*	1 EACH	1	20.5
CONDIMENT BAR (MS HS) *H1*	serving	50	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			108.11
% of Calories			62.3%
Nutrient Guideline			

Wed - 01/10/2018			
Junior High Lunch Main 7-9	Total	100	
BEEF, Teriyakidipper 5e HS *H2*	serving(5 each)	100	7.79
FRIED RICE, 1 cup *H2*	1 CUP	50	47.29
PEAS frozen 1/2 cup *H2*	1/2 CUP	25	13.48
CARROTS, BABY 1/2 c bag *H1*	BAG	15	3.74
FRUIT,FRESH ASSORT JH *H1*	1 EACH	50	21.34
PEACHES: cannd,light syrpr *H1*	1/2 CUP	25	14.01
CONDIMENT BAR (MS HS) *H1*	serving	15	2.86
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Junior High Sandwich Line 7-	Total	100	
CHICKEN CRISPY FILET SAND*H2*	1 EACH	25	45.0
HAMBURGER ON A BUN *H2*	1 EACH	25	33.23
BURRITO, JH/HS, LOS COBO	1 EACH	25	44.28
SALAD CHEF, Entree *H1*	1 each	5	49.79
BOXED LUNCH, PBJ GRAPE*H1*	EACH	10	51.24
SANDWICH, TURKEY&HAM 2M*H1*	1 EACH	10	33.36
CHIPS, DORITOS Nacho Chees*H1*	1 each	90	20.0
CHIPS, DORITOS Cooler Ranch	1 EACH	1	19.0
CHIPS, DORITOS Sweet Chili	BAG	1	20.0
SALAD, SECONDARY SIDE *H1*	1 EACH	2	14.46
CARROTS, BABY 1/2 c bag *H1*	BAG	10	3.74
FRUIT,FRESH ASSORT JH *H1*	1 EACH	50	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
CONDIMENT BAR (MS HS) *H1*	serving	50	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0

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Weighted Daily Average			84.77
% of Calories			54.8%
Nutrient Guideline			

Thu - 01/11/2018			
Junior High Lunch Main 7-9	Total	100	
CHICKEN, POPCORN, 2 M	12 PIECES	100	15.78
POTATO, MASHED 1/2 CUP *H2*	1/2 CUP	95	16.33
GRAVY, COUNTRY	1/4 cup	95	5.54
CORN Frozen 1/2 cup*H2*	1/2 CUP	50	17.41
ROLL, WHEAT 2oz*H2*	1 EACH	60	26.86
CHEESE, CHEDDAR shred B031	2 TBSP	50	0.25
SALAD, SECONDARY SIDE *H1*	1 EACH	5	14.46
FRUIT,FRESH ASSORT JH *H1*	EACH	20	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	20	10.87
GRAPES,Fresh *H1*	1/2 CUP	25	19.45
CONDIMENT BAR (MS HS) *H1*	serving	15	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Junior High Sandwich Line 7-	Total	100	
CHICKEN SPICY PATTY SAND *H2*	1 EACH	20	48.43
RIB BQ SAND _ hamb bun *H2*	1 EACH	20	44.47
SANDWICH CHEESE 2/2 *H2*	1 EACH	15	34.05
SALAD CHEF, Entree *H1*	1 each	5	49.79
BOX LUNCH PBJ STRAWBERRY H1	1 EACH	10	52.03
SANDWICH, WRAPHam HS 2M*H1*	1 EACH	15	31.36
SANDWICH, WRAPTurkey HS 2M*H1*	1 EACH	15	27.7
CHIPS, BAKED POTATO *H1*	BAG	90	20.0
CHIPS CHEETOS BAKED	1 EACH	1	16.0
CHIPS SPICY CHEETOS*H1*	BAG	1	17.0
SALAD, SECONDARY SIDE *H1*	1 EACH	5	14.46
CARROTS, BABY 1/2 c bag *H1*	BAG	20	3.74
FRUIT,FRESH ASSORT JH *H1*	1 EACH	50	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
CONDIMENT BAR (MS HS) *H1*	serving	50	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			95.38
% of Calories			54.3%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 01/12/2018			
Junior High Lunch Main 7-9	Total	100	
PIZZA, PHUT CHEESE 8 cut *H2*	SLICE	50	30.0
PIZZA, PHUT, PEP, 8 cut *H2*	SLICE	25	30.0
PIZZA, PHUT SAUSAGE *H2*	SLICE	25	28.0
POTATO, TWISTER FRIES *H2*	1/2 CUP	75	25.61
SALAD, SECONDARY SIDE *H1*	1 EACH	5	14.46
CARROTS, BABY 1/2 c bag *H1*	BAG	20	3.74
FRUIT,FRESH ASSORT JH *H1*	1 EACH	30	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
COOKIE, CHOC CHIP, RF/ WG *H3*	1 EACH	90	22.94
CONDIMENT BAR (MS HS) *H1*	serving	15	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Junior High Sandwich Line 7-	Total	100	
PIZZA, PHUT CHEESE 8 cut *H2*	SLICE	35	30.0
PIZZA, PHUT, PEP, 8 cut *H2*	SLICE	35	30.0
SALAD CHEF, Entree *H1*	1 each	5	49.79
BOXED LUNCH, PBJ GRAPE*H1*	EACH	10	51.24
SANDWICH, TURKEY&HAM 2M*H1*	1 EACH	15	33.36
POTATO, TWISTER FRIES *H2*	1/2 CUP	75	25.61
CARROTS, BABY 1/2 c bag *H1*	BAG	20	3.74
SALAD, SECONDARY SIDE *H1*	1 EACH	5	14.46
FRUIT,FRESH ASSORT JH *H1*	1 EACH	35	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	35	10.87
COOKIE, CARNIVAL RF/ WG *H3*	1 EACH	90	22.94
CONDIMENT BAR (MS HS) *H1*	serving	15	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			104.48
% of Calories			57.9%
Nutrient Guideline			

Tue - 01/16/2018			
Junior High Lunch Main 7-9	Total	100	
CHICKEN, STRIP 3ea TYSON *H2*	3 strips	100	13.42
CHIPS, SUN *H1*	BAG	100	18.5
VEGETABLES, CALIFORNIA BLEND	1/2 CUP	20	3.5
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	1	6.97
SALAD, SECONDARY SIDE *H1*	1 EACH	5	14.46
FRUIT,FRESH ASSORT JH *H1*	1 EACH	50	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
CONDIMENT BAR (MS HS) *H1*	serving	15	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0

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Ogden School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: Junior High Lunch Main 7-9/Junior High Sandwich Line 7-9

Portion Values - Detailed

	Portion Size	Reimb Qty	Carb (g)
Junior High Sandwich Line 7-	Total	100	
CORN DOG, CHICKEN *H2*	1 each	27	30.0
CHICKEN SPICY PATTY SAND *H2*	1 EACH	30	48.43
HAMBURGER ON A BUN *H2*	1 EACH	20	33.23
SALAD CHEF, Entree *H1*	1 each	3	49.79
BOXED LUNCH, PBJ GRAPE*H1*	EACH	10	51.24
SANDWICH, TURKEY&HAM 2M*H1*	1 EACH	10	33.36
CHIPS, DORITOS Nacho Chees*H1*	1 EACH	90	20.0
CHIPS, DORITOS Cooler Ranch	1 EACH	1	19.0
CHIPS, DORITOS Sweet Chili	BAG	1	20.0
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	1	6.97
SALAD, SECONDARY SIDE *H1*	1 EACH	10	14.46
FRUIT,FRESH ASSORT JH *H1*	1 EACH	50	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
CONDIMENT BAR (MS HS) *H1*	serving	60	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			84.15
% of Calories			52.6%
Nutrient Guideline			

Wed - 01/17/2018			
Junior High Lunch Main 7-9	Total	100	
CHICKEN YANGS SWEET & SOUR	3.8 oz SERVING	100	18.32
RICE w/ soy sauce *H2*	1 CUP	100	44.38
EGG ROLL VEG *H2*	1 EACH	50	22.16
VEGETABLES, CALIFORNIA BLEND	1/2 CUP	20	3.5
CARROTS, BABY 1/2 c bag *H1*	BAG	15	3.74
FRUIT,FRESH ASSORT JH *H1*	EACH	40	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	25	10.87
CONDIMENT BAR (MS HS) *H1*	serving	15	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0

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Ogden School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: Junior High Lunch Main 7-9/Junior High Sandwich Line 7-9

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Junior High Sandwich Line 7-	Total	100	
HOT DOG ON A BUN *H2*	1 EACH	25	32.99
CHICKEN PATTY SANDWICH *H2*	1 EACH	22	47.42
HAMBURGER ON A BUN *H2*	1 EACH	25	33.23
SALAD CHEF, Entree *H1*	1 each	3	49.79
BOX LUNCH PBJ STRAWBERRY H1	1 EACH	5	52.03
SANDWICH, TURKEY&HAM 2M*H1*	1 EACH	20	33.36
CHIPS, SUN *H1*	BAG	90	18.5
SALAD, SECONDARY SIDE *H1*	1 EACH	5	14.46
CARROTS, BABY 1/2 c bag *H1*	BAG	10	3.74
FRUIT,FRESH ASSORT JH *H1*	1 EACH	50	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
CONDIMENT BAR (MS HS) *H1*	serving	50	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			100.58
% of Calories			62.2%
Nutrient Guideline			

Thu - 01/18/2018			
Junior High Lunch Main 7-9	Total	100	
CHICKEN DRUMSTICK BREADED	1 EACH	100	9.13
POTATO, MASHED 1/2 CUP *H2*	1/2 CUP	95	16.33
GRAVY, TURKEY *H2*	1/4 CUP	95	3.19
ROLL, WHEAT 2oz*H2*	1 EACH	75	26.86
GREEN BEANS: cannnd,cooked *H2*	1/2 CUP	25	2.98
SALAD, SECONDARY SIDE *H1*	1 EACH	5	14.46
GRAPES,Fresh *H1*	1/2 CUP	50	19.45
FRUIT,FRESH ASSORT JH *H1*	EACH	30	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
CONDIMENT BAR (MS HS) *H1*	serving	50	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0

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Ogden School District

Base Menu Spreadsheet

Portion Values - Detailed

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Jan 1, 2018 thru Jan 31, 2018

Combined: Junior High Lunch Main 7-9/Junior High Sandwich Line 7-9

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	Portion Size	Reimb Qty	Carb (g)
Junior High Sandwich Line 7-	Total	100	
CHICKEN SPICY PATTY SAND *H2*	1 EACH	20	48.43
RIB BQ SAND _ hamb bun *H2*	1 EACH	20	44.47
SANDWICH CHEESE 2/2 *H2*	1 EACH	15	34.05
SALAD CHEF, Entree *H1*	1 each	5	49.79
BOX LUNCH PBJ STRAWBERRY H1	1 EACH	10	52.03
SANDWICH, WRAPHam HS 2M*H1*	1 EACH	15	31.36
SANDWICH, WRAPTurkey HS 2M*H1*	1 EACH	15	27.7
CHIPS, BAKED POTATO *H1*	BAG	90	20.0
CHIPS CHEETOS BAKED	1 EACH	1	16.0
CHIPS SPICY CHEETOS*H1*	BAG	1	17.0
SALAD, SECONDARY SIDE *H1*	1 EACH	5	14.46
CARROTS, BABY 1/2 c bag *H1*	BAG	20	3.74
FRUIT,FRESH ASSORT JH *H1*	1 EACH	50	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
CONDIMENT BAR (MS HS) *H1*	serving	50	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			93.45
% of Calories			50.4%
Nutrient Guideline			

Fri - 01/19/2018			
Junior High Lunch Main 7-9	Total	100	
PIZZA, PHUT CHEESE 8 cut *H2*	SLICE	50	30.0
PIZZA, PHUT, PEP, 8 cut *H2*	SLICE	25	30.0
PIZZA, PHUT VEGGIE *H2*	SLICE	25	30.0
POTATO, FRIES oven heat *H2*	1/2 CUP	90	21.74
SALAD, SECONDARY SIDE *H1*	1 EACH	5	14.46
CARROTS, BABY 1/2 c bag *H1*	BAG	5	3.74
FRUIT,FRESH ASSORT JH *H1*	1 EACH	30	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
COOKIE, CARNIVAL RF/ WG *H3*	1 EACH	95	22.94
CONDIMENT BAR (MS HS) *H1*	serving	15	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0

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Ogden School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: Junior High Lunch Main 7-9/Junior High Sandwich Line 7-9

Portion Values - Detailed

	Portion Size	Reimb Qty	Carb (g)
Junior High Sandwich Line 7-	Total	100	
PIZZA, PHUT CHEESE 8 cut *H2*	SLICE	35	30.0
PIZZA, PHUT, PEP, 8 cut *H2*	SLICE	35	30.0
SALAD CHEF, Entree *H1*	1 each	5	49.79
BOXED LUNCH, PBJ GRAPE*H1*	EACH	10	51.24
SANDWICH, TURKEY&HAM 2M*H1*	1 EACH	15	33.36
POTATO, FRIES oven heat *H2*	1/2 CUP	75	21.74
CARROTS, BABY 1/2 c bag *H1*	BAG	20	3.74
SALAD, SECONDARY SIDE *H1*	1 EACH	5	14.46
FRUIT,FRESH ASSORT JH *H1*	1 EACH	35	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	35	10.87
COOKIE, CARNIVAL RF/ WG *H3*	1 EACH	90	22.94
CONDIMENT BAR (MS HS) *H1*	serving	15	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			103.75
% of Calories			58.3%
Nutrient Guideline			

Mon - 01/22/2018			
Junior High Lunch Main 7-9	Total	100	
CHICKEN, POPCORN, 2 M	12 PIECES	100	15.78
POTATO, TWISTER FRIES *H2*	1/2 CUP	90	25.61
BAKED BEANS *H2*	1/2 CUP	25	32.87
CARROTS, BABY 1/2 c bag *H1*	BAG	25	3.74
FRUIT,FRESH ASSORT JH *H1*	1 EACH	50	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
CONDIMENT BAR (MS HS) *H1*	serving	75	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Junior High Sandwich Line 7-	Total	100	
CORN DOG, CHICKEN *H2*	1 each	27	30.0
CHICKEN SPICY PATTY SAND *H2*	1 EACH	30	48.43
HAMBURGER ON A BUN *H2*	1 EACH	20	33.23
SALAD CHEF, Entree *H1*	1 each	3	49.79
BOXED LUNCH, PBJ GRAPE*H1*	EACH	10	51.24
SANDWICH, TURKEY&HAM 2M*H1*	1 EACH	10	33.36
CHIPS, DORITOS Nacho Chees*H1*	1 EACH	90	20.0
CHIPS, DORITOS Cooler Ranch	1 EACH	1	19.0
CHIPS, DORITOS Sweet Chili	BAG	1	20.0
CARROTS, BABY 1/2 c bag *H1*	BAG	1	3.74
SALAD, SECONDARY SIDE *H1*	1 EACH	10	14.46
FRUIT,FRESH ASSORT JH *H1*	1 EACH	50	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
CONDIMENT BAR (MS HS) *H1*	serving	60	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0

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Ogden School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: Junior High Lunch Main 7-9/Junior High Sandwich Line 7-9

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average % of Calories			92.28 54.0%
Nutrient Guideline			

Tue - 01/23/2018			
Junior High Lunch Main 7-9	Total	100	
CHICKEN YANGS MANDARIN 2 M	3.6 oz serving	100	19.33
RICE w/ soy sauce *H2*	1 CUP	90	44.38
EGG ROLL VEG *H2*	1 EACH	75	22.16
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	25	6.97
BROCCOLI Frozen 1/2 cup*H2*	1/2 CUP	25	4.62
FRUIT,FRESH ASSORT JH *H1*	EACH	50	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
CONDIMENT BAR (MS HS) *H1*	serving	50	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Junior High Sandwich Line 7-	Total	100	
HOT DOG ON A BUN *H2*	1 EACH	25	32.99
CHICKEN PATTY SANDWICH *H2*	1 EACH	22	47.42
HAMBURGER ON A BUN *H2*	1 EACH	25	33.23
SALAD CHEF, Entree *H1*	1 each	3	49.79
BOX LUNCH PBJ STRAWBERRY H1	1 EACH	5	52.03
SANDWICH, TURKEY&HAM 2M*H1*	1 EACH	20	33.36
CHIPS, SUN *H1*	BAG	90	18.5
SALAD, SECONDARY SIDE *H1*	1 EACH	5	14.46
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	10	6.97
FRUIT,FRESH ASSORT JH *H1*	1 EACH	50	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
CONDIMENT BAR (MS HS) *H1*	serving	50	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average % of Calories			105.54 62.2%
Nutrient Guideline			

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Ogden School District

Base Menu Spreadsheet

Portion Values - Detailed

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Jan 1, 2018 thru Jan 31, 2018

Combined: Junior High Lunch Main 7-9/Junior High Sandwich Line 7-9

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	Portion Size	Reimb Qty	Carb (g)
Wed - 01/24/2018			
Junior High Lunch Main 7-9	Total	100	
LASAGNA 35 count*H2*	SERVING	100	38.24
BREAD STICK, WG 1 EACH *H2*	1 EACH	75	13.43
PEAS frozen 1/2 cup *H2*	1/2 CUP	15	13.48
CARROTS, BABY 1/2 c bag *H1*	BAG	15	3.74
FRUIT,FRESH ASSORT JH *H1*	EACH	40	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	40	10.87
CONDIMENT BAR (MS HS) *H1*	serving	75	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Junior High Sandwich Line 7-	Total	100	
CHICKEN CRISPY FILET SAND*H2*	1 EACH	25	45.0
HAMBURGER ON A BUN *H2*	1 EACH	25	33.23
BURRITO, JH/HS, LOS COBO	1 EACH	25	44.28
SALAD CHEF, Entree *H1*	1 each	5	49.79
BOXED LUNCH, PBJ GRAPE*H1*	EACH	10	51.24
SANDWICH, TURKEY&HAM 2M*H1*	1 EACH	10	33.36
CHIPS, DORITOS Nacho Chees*H1*	1 each	90	20.0
CHIPS, DORITOS Cooler Ranch	1 EACH	1	19.0
CHIPS, DORITOS Sweet Chili	BAG	1	20.0
SALAD, SECONDARY SIDE *H1*	1 EACH	2	14.46
CARROTS, BABY 1/2 c bag *H1*	BAG	10	3.74
FRUIT,FRESH ASSORT JH *H1*	1 EACH	50	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
CONDIMENT BAR (MS HS) *H1*	serving	50	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			92.75
% of Calories			51.7%
Nutrient Guideline			

Thu - 01/25/2018			
Junior High Lunch Main 7-9	Total	100	
Beef Fingers Breaded 4 each	4 EACH	100	16.53
GRAVY, COUNTRY	1/4 cup	95	5.54
POTATO, MASHED 1/2 CUP *H2*	1/2 CUP	95	16.33
ROLL, WHEAT 2oz*H2*	1 EACH	75	26.86
CARROT STEAMED BABY *H2*	1/2 CUP	15	7.24
SALAD, SECONDARY SIDE *H1*	1 EACH	15	14.46
FRUIT,FRESH ASSORT JH *H1*	EACH	50	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
CONDIMENT BAR (MS HS) *H1*	serving	25	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0

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Ogden School District

Base Menu Spreadsheet

Portion Values - Detailed

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Jan 1, 2018 thru Jan 31, 2018

Combined: Junior High Lunch Main 7-9/Junior High Sandwich Line 7-9

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	Portion Size	Reimb Qty	Carb (g)
Junior High Sandwich Line 7-	Total	100	
CHICKEN SPICY PATTY SAND *H2*	1 EACH	20	48.43
RIB BQ SAND _ hamb bun *H2*	1 EACH	20	44.47
SANDWICH CHEESE 2/2 *H2*	1 EACH	15	34.05
SALAD CHEF, Entree *H1*	1 each	5	49.79
BOX LUNCH PBJ STRAWBERRY H1	1 EACH	10	52.03
SANDWICH, WRAPHam HS 2M*H1*	1 EACH	15	31.36
SANDWICH, WRAPTurkey HS 2M*H1*	1 EACH	15	27.7
CHIPS, BAKED POTATO *H1*	BAG	90	20.0
CHIPS CHEETOS BAKED	1 EACH	1	16.0
CHIPS SPICY CHEETOS*H1*	BAG	1	17.0
SALAD, SECONDARY SIDE *H1*	1 EACH	5	14.46
CARROTS, BABY 1/2 c bag *H1*	BAG	20	3.74
FRUIT,FRESH ASSORT JH *H1*	1 EACH	50	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
CONDIMENT BAR (MS HS) *H1*	serving	50	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			97.16
% of Calories			56.4%
Nutrient Guideline			

Fri - 01/26/2018			
Junior High Lunch Main 7-9	Total	100	
PIZZA, PHUT CHEESE 8 cut *H2*	SLICE	50	30.0
PIZZA, PHUT, PEP, 8 cut *H2*	SLICE	25	30.0
PIZZA, PHUT SAUSAGE *H2*	SLICE	25	28.0
POTATO PUFFS: 1/2 cup *H2*	1/2 CUP	75	16.04
SALAD, SECONDARY SIDE *H1*	1 EACH	5	14.46
CARROTS, BABY 1/2 c bag *H1*	BAG	5	3.74
FRUIT,FRESH ASSORT JH *H1*	1 EACH	50	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	20	10.87
KIWI 1/2 CUP*H1*	1/2 CUP	20	14.81
COOKIE, CHOC CHIP, RF/ WG *H3*	1 EACH	90	22.94
CONDIMENT BAR (MS HS) *H1*	serving	15	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0

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Ogden School District

Base Menu Spreadsheet

Portion Values - Detailed

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Jan 1, 2018 thru Jan 31, 2018

Combined: Junior High Lunch Main 7-9/Junior High Sandwich Line 7-9

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	Portion Size	Reimb Qty	Carb (g)
Junior High Sandwich Line 7-	Total	100	
PIZZA, PHUT CHEESE 8 cut *H2*	SLICE	35	30.0
PIZZA, PHUT, PEP, 8 cut *H2*	SLICE	35	30.0
SALAD CHEF, Entree *H1*	1 each	5	49.79
BOXED LUNCH, PBJ GRAPE *H1*	EACH	10	51.24
SANDWICH, TURKEY&HAM 2M *H1*	1 EACH	15	33.36
POTATO PUFFS: 1/2 cup *H2*	1/2 CUP	75	16.04
CARROTS, BABY 1/2 c bag *H1*	BAG	20	3.74
SALAD, SECONDARY SIDE *H1*	1 EACH	5	14.46
FRUIT, FRESH ASSORT JH *H1*	1 EACH	30	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	25	10.87
COOKIE, CARNIVAL RF/ WG *H3*	1 EACH	90	22.94
CONDIMENT BAR (MS HS) *H1*	serving	15	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			99.01
% of Calories			55.7%
Nutrient Guideline			

Mon - 01/29/2018			
Junior High Lunch Main 7-9	Total	100	
NACHOS (20 chips) *H2* HIGH SC	serv (20 chips)	100	44.59
TACO MEAT 2M/MA *H2*	2.75 OZ	95	3.43
BEANS, REFRIED *H2*	1/4 CUP	25	12.23
SPANISH RICE 1/4 cup *H2*	1/4 CUP	45	18.28
CORN Frozen 1/2 cup *H2*	1/2 CUP	25	17.41
FRUIT, FRESH ASSORT JH *H1*	EACH	50	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	25	10.87
COND SALSA RED GOLD *H1*	1/8 CUP	75	1.96
CONDIMENT BAR (MS HS) *H1*	serving	15	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0

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Ogden School District

Base Menu Spreadsheet

Portion Values - Detailed

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Jan 1, 2018 thru Jan 31, 2018

Combined: Junior High Lunch Main 7-9/Junior High Sandwich Line 7-9

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	Portion Size	Reimb Qty	Carb (g)
Junior High Sandwich Line 7-	Total	100	
CORN DOG, CHICKEN *H2*	1 each	27	30.0
CHICKEN SPICY PATTY SAND *H2*	1 EACH	30	48.43
HAMBURGER ON A BUN *H2*	1 EACH	20	33.23
SALAD CHEF, Entree *H1*	1 each	3	49.79
BOXED LUNCH, PBJ GRAPE*H1*	EACH	10	51.24
SANDWICH, TURKEY&HAM 2M*H1*	1 EACH	10	33.36
CHIPS, DORITOS Nacho Chees*H1*	1 EACH	90	20.0
CHIPS, DORITOS Cooler Ranch	1 EACH	1	19.0
CHIPS, DORITOS Sweet Chili	BAG	1	20.0
CARROTS, BABY 1/2 c bag *H1*	BAG	1	3.74
SALAD, SECONDARY SIDE *H1*	1 EACH	10	14.46
FRUIT,FRESH ASSORT JH *H1*	1 EACH	50	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
CONDIMENT BAR (MS HS) *H1*	serving	60	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			98.54
% of Calories			54.3%
Nutrient Guideline			

Tue - 01/30/2018			
Junior High Lunch Main 7-9	Total	100	
CHICKEN FRIES	8 FRIES	100	16.25
POTATO, TWISTER FRIES *H2*	1/2 CUP	75	25.61
SALAD, SECONDARY SIDE *H1*	1 EACH	5	14.46
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	15	6.97
FRUIT,FRESH ASSORT JH *H1*	EACH	40	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	40	10.87
CONDIMENT BAR (MS HS) *H1*	serving	15	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Junior High Sandwich Line 7-	Total	100	
HOT DOG ON A BUN *H2*	1 EACH	25	32.99
CHICKEN PATTY SANDWICH *H2*	1 EACH	22	47.42
HAMBURGER ON A BUN *H2*	1 EACH	25	33.23
SALAD CHEF, Entree *H1*	1 each	3	49.79
BOX LUNCH PBJ STRAWBERRY H1	1 EACH	5	52.03
SANDWICH, TURKEY&HAM 2M*H1*	1 EACH	20	33.36
CHIPS, SUN *H1*	BAG	90	18.5
SALAD, SECONDARY SIDE *H1*	1 EACH	5	14.46
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	10	6.97
FRUIT,FRESH ASSORT JH *H1*	1 EACH	50	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
CONDIMENT BAR (MS HS) *H1*	serving	50	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0

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Ogden School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: Junior High Lunch Main 7-9/Junior High Sandwich Line 7-9

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			82.65
% of Calories			52.3%
Nutrient Guideline			

Wed - 01/31/2018			
Junior High Lunch Main 7-9	Total	100	
ENCHILADA, SECONDARY*H2*	1 EACH	100	36.95
ENCHILADA FIXINGS *H1*	serving	90	2.0
RICE, BROWN 1/2 cup*H2*	1/2 CUP	35	17.53
CORN Frozen 1/2 cup*H2*	1/2 CUP	25	17.41
BEAN BLACK FIESTA 1/2c	1/2 CUP	15	37.14
FRUIT,FRESH ASSORT JH *H1*	EACH	40	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	20	10.87
COND SALSA RED GOLD *H1*	1/8 CUP	75	1.96
RICE KRISPY TREATS *H2*	1 EACH	1	29.98
CONDIMENT BAR (MS HS) *H1*	serving	15	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Junior High Sandwich Line 7-	Total	100	
CHICKEN CRISPY FILET SAND*H2*	1 EACH	25	45.0
HAMBURGER ON A BUN *H2*	1 EACH	25	33.23
BURRITO, JH/HS, LOS COBO	1 EACH	25	44.28
SALAD CHEF, Entree *H1*	1 each	5	49.79
BOXED LUNCH, PBJ GRAPE*H1*	EACH	10	51.24
SANDWICH, TURKEY&HAM 2M*H1*	1 EACH	10	33.36
CHIPS, DORITOS Nacho Chees*H1*	1 each	90	20.0
CHIPS, DORITOS Cooler Ranch	1 EACH	1	19.0
CHIPS, DORITOS Sweet Chili	BAG	1	20.0
SALAD, SECONDARY SIDE *H1*	1 EACH	2	14.46
CARROTS, BABY 1/2 c bag *H1*	BAG	10	3.74
FRUIT,FRESH ASSORT JH *H1*	1 EACH	50	21.34
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
RICE KRISPY TREATS *H2*	1 EACH	1	29.98
CONDIMENT BAR (MS HS) *H1*	serving	50	2.86
9th Graders can take 2 milks	1 each	1	0.0
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			93.79
% of Calories			54.4%
Nutrient Guideline			

Weighted Average			95.36
			55.3%

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Ogden School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: Junior High Lunch Main 7-9/Junior High
Sandwich Line 7-9

Portion Values - Detailed

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Nutrient	Menu AVG	% of Cals	Weekly Target	Portion Size % of Target	Reimb Qty Miss Data	Carb (g) Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	95.36	55.34%						

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