

# Ogden School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: Head Start / YMCA Breakfast/Head Start / YMCA Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
<b>Tue - 01/02/2018</b>			
Head Start / YMCA Breakfast	Total	100	
BAGEL CINN CHEESE *H2*	1 each	100	40.8
BANANAS, EACH *H1*	1 EACH	100	27.63
MILK, 1% WHITE CARTON	1 each	100	13.0
Head Start / YMCA Lunch	Total	100	
SANDWICH, FISH ON A BUN *H2*	1 EACH	100	45.35
MAC & CHEESE, 1/3 cup *H2*	1/3 CUP	100	15.92
TARTAR SAUCE	each pc	100	2.0
GREEN BEANS CANNED 1/4 CUP	1/4 CUP	100	2.98
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	100	10.87
MILK, 1% WHITE CARTON	1 each	100	13.0
Weighted Daily Average			85.77
% of Calories			58.0%
Nutrient Guideline			

<b>Wed - 01/03/2018</b>			
Head Start / YMCA Breakfast	Total	100	
SANDWICH BRK EGG CHEESE	1 EACH	100	20.19
JUICE ELEM 4 oz *H1*	CARTON	100	15.51
MILK, 1% WHITE CARTON	1 each	100	13.0
Head Start / YMCA Lunch	Total	100	
BEEF, Teriyaki dipper 4 ea*H2*	serving(4 each)	100	6.12
FRIED RICE, 1/2 cup *H2*	1/2 CUP	100	23.65
BROCCOLI FROZEN 1/4 cup *H2*	1/4 CUP	100	2.31
FRUIT, FRESH ASSORT ELEM*H1*	1/2 CUP	100	19.04
MILK, 1% WHITE CARTON	1 each	100	13.0
Weighted Daily Average			56.41
% of Calories			54.1%
Nutrient Guideline			

<b>Thu - 01/04/2018</b>			
Head Start / YMCA Breakfast	Total	100	
TOAST, APPLE CINNAMON	1 SLICE	100	44.79
PEARS: canned, light syrup *H1*	1/2 CUP	100	16.86
MILK, 1% WHITE CARTON	1 each	100	13.0
Head Start / YMCA Lunch	Total	100	
TURKEY ROAST (SLICED) *H3*	2 oz	100	2.14
POTATO, MASHED 1/4 CUP *H2*	1/4 CUP	100	8.16
ROLL, WHEAT 1 each 1.5oz *H2*	1 EACH	100	17.63
GRAVY, TURKEY *H2*	1/4 CUP	100	3.19
PEAS Frozen 1/4 cup*H2*	1/4 CUP	100	6.74
FRUIT COCKTAIL 1/4 cup*H1*	1/4 CUP	100	10.73
MILK, 1% WHITE CARTON	1 each	100	13.0
Weighted Daily Average			68.12
% of Calories			62.5%
Nutrient Guideline			

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
<b>Fri - 01/05/2018</b>			
Head Start / YMCA Breakfast	Total	100	
YOGURT 4oz *H1*	1 EACH	100	19.54
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	100	10.87
MILK, 1% WHITE CARTON	1 each	100	13.0
Head Start / YMCA Lunch	Total	100	
PIZZA RIPPER CHEESE WG	1 EACH	50	32.11
PIZZA RIPPER PEPPERONI WG	1 EACH	50	27.1
CARROT BABY 1/4 cup *H1*	1/4 CUP	100	5.43
PEACHES 1/4 cup *H1*	1/4 CUP	100	0.0
COND RANCH BASIC CONV PC	1 EACH	100	2.03
MILK, 1% WHITE CARTON	1 each	100	13.0
Weighted Daily Average			46.74
% of Calories			50.9%
Nutrient Guideline			

<b>Mon - 01/08/2018</b>			
Head Start / YMCA Breakfast	Total	100	
EGGS, SCRAMBLED -1/4 cup *H2*	1/4 CUP	100	0.36
TOAST & JELLY *H2*	1 EACH	100	26.99
APPLE SAUCE:cn,unswtntvitC *H1*	1/2 CUP	100	22.31
MILK, 1% WHITE CARTON	1 each	100	13.0
Head Start / YMCA Lunch	Total	100	
SANDWICH, WRAP Turkey 2M*H1*	1 EACH	100	24.17
BAKED BEANS *H2*	1/4 CUP	100	16.43
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	100	10.87
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	100	0.87
COND RANCH BASIC CONV PC	1 EACH	100	2.03
MILK, 1% WHITE CARTON	1 each	100	13.0
Weighted Daily Average			65.02
% of Calories			52.9%
Nutrient Guideline			

<b>Tue - 01/09/2018</b>			
Head Start / YMCA Breakfast	Total	100	
WAFFLES, CINNAMON, MINI*H2*	POUCH	100	34.99
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	100	10.87
MILK, 1% WHITE CARTON	1 each	100	13.0
Head Start / YMCA Lunch	Total	100	
ENCHILADA, DICED CHICKEN *H2*	1 EACH	100	30.5
CORN Frozen 1/2 cup*H2*	1/4 CUP	100	8.71
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	100	19.04
CONDIMENTS, nacho*H1*	SERVING	100	6.3
MILK, 1% WHITE CARTON	1 each	100	13.0
Weighted Daily Average			68.20
% of Calories			55.1%
Nutrient Guideline			

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### Portion Values - Detailed

	Portion Size	Reimb Qty	Carb (g)
<b>Wed - 01/10/2018</b>			
Head Start / YMCA Breakfast	Total	100	
FRENCH TOAST, MINI, CHOC CHIP	1 EACH	100	42.82
BANANAS, 1/2 EACH *H1*	1/2 EACH	100	19.43
MILK, 1% WHITE CARTON	1 each	100	13.0
Head Start / YMCA Lunch	Total	100	
CHEESE, TOASTED SAND 1M/MA*H2*	1 EACH	100	32.0
CHIPS, BKD SCOOPS *H1*	1 EACH	100	19.0
VEGETABLE CUP 1/4 cup*H1*	1/4 CUP	100	3.49
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	100	10.87
MILK, 1% WHITE CARTON	1 each	100	13.0
Weighted Daily Average			76.80
% of Calories			61.6%
Nutrient Guideline			

<b>Thu - 01/11/2018</b>			
Head Start / YMCA Breakfast	Total	100	
BREAKFAST SLIDER	1 EACH	100	22.0
JUICE ELEM 4 oz *H1*	CARTON	100	15.51
MILK, 1% WHITE CARTON	1 each	100	13.0
Head Start / YMCA Lunch	Total	100	
SANDWICH, WRAPHam 2M*H1*	1 EACH	100	25.79
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	100	0.87
CORN Frozen 1/2 cup*H2*	1/4 CUP	100	8.71
FRUIT, FRESH ASSORT ELEM*H1*	1/2 CUP	100	19.04
MILK, 1% WHITE CARTON	1 each	100	13.0
Weighted Daily Average			58.96
% of Calories			57.5%
Nutrient Guideline			

<b>Fri - 01/12/2018</b>			
Head Start / YMCA Breakfast	Total	100	
YOGURT 4oz *H1*	1 EACH	100	19.54
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	100	10.87
MILK, 1% WHITE CARTON	1 each	100	13.0
Head Start / YMCA Lunch	Total	100	
PIZZA CHEESE WILD MIKES	SLICE	100	33.92
PIZZA PEPPERONI WILD MIKES	SLICE	100	33.98
SALAD, ELEM SIDE *H1*	.5 EACH	100	5.57
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	100	10.87
COND RANCH BASIC CONV PC	1 EACH	100	2.03
MILK, 1% WHITE CARTON	1 each	100	13.0
Weighted Daily Average			71.39
% of Calories			46.8%
Nutrient Guideline			

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### Portion Values - Detailed

	Portion Size	Reimb Qty	Carb (g)
<b>Tue - 01/16/2018</b>			
Head Start / YMCA Breakfast	Total	100	
BAGEL STRAWBERRY CHEESE *H2*	1 each	100	40.8
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	100	10.87
MILK, 1% WHITE CARTON	1 each	100	13.0
Head Start / YMCA Lunch	Total	100	
CHICKEN FRIES	8 FRIES	100	16.25
GREEN BEANS CANNED 1/4 CUP	1/4 CUP	100	2.98
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	100	10.87
CONDIMENTS (BBQ) *H1*	pc packs	100	10.0
CONDIMENTS, ketch: ind PC *H1*	packet	100	0.0
MILK, 1% WHITE CARTON	1 each	100	13.0
Weighted Daily Average			58.89
% of Calories			54.1%
Nutrient Guideline			

<b>Wed - 01/17/2018</b>			
Head Start / YMCA Breakfast	Total	100	
WAFFLES, CINNAMON, MINI*H2*	POUCH	100	34.99
COND SYRUP *H1*	1 EACH	100	30.66
JUICE ELEM 4 oz *H1*	CARTON	100	15.51
MILK, 1% WHITE CARTON	1 each	100	13.0
Head Start / YMCA Lunch	Total	100	
TACO, elem, tortilla	1 EACH	100	26.08
CONDIMENTS, nacho*H1*	SERVING	100	6.3
BEANS, BLACK SEASONED *H2*	1/4 CUP	100	12.88
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	100	10.87
MILK, 1% WHITE CARTON	1 each	100	13.0
Weighted Daily Average			81.64
% of Calories			57.9%
Nutrient Guideline			

<b>Thu - 01/18/2018</b>			
Head Start / YMCA Breakfast	Total	100	
TOAST, APPLE CINNAMON	1 SLICE	100	44.79
APPLE SLICES, FRESH INNOVATION	2 oz pouch	100	7.96
MILK, 1% WHITE CARTON	1 each	100	13.0
Head Start / YMCA Lunch	Total	100	
PORK CHOP, BREADED PATTY *H2*	1 EACH	100	13.39
POTATO, MASHED 1/4 CUP *H2*	1/4 CUP	100	8.16
ROLL, WHEAT 1 each 1.5oz *H2*	1 EACH	100	17.63
GRAVY, COUNTRY	1/4 cup	100	5.54
CARROT STEAMED BABY *H2*	1/4 CUP	100	3.62
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	100	19.04
MILK, 1% WHITE CARTON	1 each	100	13.0
Weighted Daily Average			73.07
% of Calories			56.3%
Nutrient Guideline			

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### Portion Values - Detailed

	Portion Size	Reimb Qty	Carb (g)
<b>Fri - 01/19/2018</b>			
Head Start / YMCA Breakfast	Total	100	
MUFFIN, BANANA, DAVIS, FZN	2 oz muffin	100	37.56
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	100	10.87
MILK, 1% WHITE CARTON	each	100	13.0
Head Start / YMCA Lunch	Total	100	
PIZZA RIPPER CHEESE WG	1 EACH	100	32.11
PIZZA RIPPER PEPPERONI WG	1 EACH	100	27.1
CARROT BABY 1/4 cup *H1*	1/4 CUP	100	5.43
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	100	10.87
MILK, 1% WHITE CARTON	1 each	100	13.0
Weighted Daily Average			74.97
% of Calories			50.3%
Nutrient Guideline			

<b>Mon - 01/22/2018</b>			
Head Start / YMCA Breakfast	Total	100	
EGGS, SCRAMBLED -1/4 cup *H2*	1/4 CUP	100	0.36
TOAST & JELLY *H2*	1 EACH	100	26.99
BANANAS,1/2 EACH *H1*	1/2 EACH	100	19.43
MILK, 1% WHITE CARTON	each	100	13.0
Head Start / YMCA Lunch	Total	100	
CHEESE, MAX STIX 2 EACH entree	serving 2 each	100	32.0
MARINARA SAUCE, 2 OZ	1/4 CUP	100	0.83
CARROT BABY 1/4 cup *H1*	1/4 CUP	100	5.43
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	100	10.87
COND RANCH BASIC CONV PC	1 EACH	100	2.03
MILK, 1% WHITE CARTON	1 each	100	13.0
Weighted Daily Average			61.97
% of Calories			54.3%
Nutrient Guideline			

<b>Tue - 01/23/2018</b>			
Head Start / YMCA Breakfast	Total	100	
PANCAKES, MINI, KELLOGGS EGGO	PACKAGE	100	35.0
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	100	10.87
MILK, 1% WHITE CARTON	each	100	13.0
Head Start / YMCA Lunch	Total	100	
CHALUPA, BEAN & CHEESE *H2*	1 EACH	100	21.15
CORN Frozen 1/2 cup*H2*	1/4 CUP	100	8.71
FRUIT,FRESH ASSORT ELEM*H1*	1/4 CUP	100	9.52
CONDIMENTS, nacho*H1*	SERVING	100	6.3
MILK, 1% WHITE CARTON	1 each	100	13.0
Weighted Daily Average			58.77
% of Calories			53.1%
Nutrient Guideline			

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### Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Wed - 01/24/2018			
Head Start / YMCA Breakfast	Total	100	
SANDWICH BREAKFAST SAUSAGE*H2*	1 EACH	100	17.57
JUICE ELEM 4 oz *H1*	CARTON	100	15.51
MILK, 1% WHITE CARTON	1 each	100	13.0
Head Start / YMCA Lunch	Total	100	
RIB BQ SAND _ hamb bun *H2*	1 EACH	100	44.47
BAKED BEANS *H2*	1/4 CUP	100	16.43
PEAS Frozen 1/4 cup*H2*	1/4 CUP	100	6.74
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	100	10.87
MILK, 1% WHITE CARTON	1 each	100	13.0
Weighted Daily Average			68.79
% of Calories			57.8%
Nutrient Guideline			

Thu - 01/25/2018			
Head Start / YMCA Breakfast	Total	100	
BREAKFAST SLIDER	1 EACH	100	22.0
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	100	10.87
MILK, 1% WHITE CARTON	1 each	100	13.0
Head Start / YMCA Lunch	Total	100	
Beef Fingers Breaded 4 each	2 EACH	100	8.27
POTATO, MASHED 1/4 CUP *H2*	1/4 CUP	100	8.16
GRAVY, COUNTRY	1/4 cup	100	5.54
BROCCOLI FROZEN 1/4 cup *H2*	1/4 CUP	100	2.31
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	100	19.04
MILK, 1% WHITE CARTON	1 each	100	13.0
Weighted Daily Average			51.10
% of Calories			58.1%
Nutrient Guideline			

Fri - 01/26/2018			
Head Start / YMCA Breakfast	Total	100	
YOGURT 4oz *H1*	1 EACH	100	19.54
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	100	10.87
MILK, 1% WHITE CARTON	1 each	100	13.0
Head Start / YMCA Lunch	Total	100	
PIZZA RIPPER CHEESE WG	1 EACH	50	32.11
PIZZA RIPPER PEPPERONI WG	1 EACH	50	27.1
CARROT BABY 1/4 cup *H1*	1/4 CUP	100	5.43
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	100	10.87
COND RANCH BASIC CONV PC	1 EACH	100	2.03
MILK, 1% WHITE CARTON	1 each	100	13.0
Weighted Daily Average			52.17
% of Calories			53.6%
Nutrient Guideline			

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### Portion Values - Detailed

	Portion Size	Reimb Qty	Carb (g)
<b>Mon - 01/29/2018</b>			
Head Start / YMCA Breakfast	Total	100	
MUFFIN, BANANA, DAVIS, FZN	2 oz muffin	100	37.56
APPLE SLICES, FRESH INNOVATION	2 oz pouch	100	7.96
MILK, 1% WHITE CARTON	1 each	100	13.0
Head Start / YMCA Lunch	Total	100	
HAMBURGER ON A BUN *H2*	1 EACH	100	33.23
BEANS, REFRIED *H2*	1/4 CUP	100	14.68
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	100	10.87
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	100	0.87
MILK, 1% WHITE CARTON	1 each	100	13.0
Weighted Daily Average			65.58
% of Calories			54.3%
Nutrient Guideline			

<b>Tue - 01/30/2018</b>			
Head Start / YMCA Breakfast	Total	100	
BAGEL CINN CHEESE *H2*	1 each	100	40.8
BANANAS, EACH *H1*	1 EACH	100	27.63
MILK, 1% WHITE CARTON	1 each	100	13.0
Head Start / YMCA Lunch	Total	100	
CHICKEN YANGS MANDARIN 2 M	3.6 oz serving	100	19.33
RICE, BROWN 1/2 cup*H2*	1/2 CUP	100	17.53
VEGETABLES BLEND 1/4 cup	1/4 CUP	100	1.7
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	100	19.04
MILK, 1% WHITE CARTON	1 each	100	13.0
Weighted Daily Average			76.01
% of Calories			68.7%
Nutrient Guideline			

<b>Wed - 01/31/2018</b>			
Head Start / YMCA Breakfast	Total	100	
SANDWICH BRK EGG CHEESE	1 EACH	100	20.19
JUICE ELEM 4 oz *H1*	CARTON	100	15.51
MILK, 1% WHITE CARTON	1 each	100	13.0
Head Start / YMCA Lunch	Total	100	
LASAGNA 45 count *H2*	SERVINGS	100	29.75
BREAD STICK, WG 1 EACH *H2*	1 EACH	100	13.43
GREEN BEANS: cannd,cooked *H2*	1/4 CUP	100	1.49
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	100	10.87
MILK, 1% WHITE CARTON	1 each	100	13.0
Weighted Daily Average			58.62
% of Calories			50.1%
Nutrient Guideline			

Weighted Average			65.67
			55.5%

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Portion Values - Detailed

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Nutrient	Menu AVG	% of Cals	Weekly Target	Portion Size % of Target	Reimb Qty Miss Data	Carb (g) Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	65.67	55.49%						

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