

Ogden School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: School Elementary Breakfast/School
Elementary Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Tue - 01/02/2018			
School Elementary Breakfast	Total	100	
FRENCH TOAST STK 4 EACH*H2*	Serving	50	13.33
SAUSAGE. PATTY JENNIE O	1 each	40	0.0
CEREAL, All *H1*	1 EACH	50	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	40	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
JUICE ELEM 4 oz *H1*	CARTON	30	15.51
MILK, 1% WHITE CARTON	1 each	50	13.0
MILK, SKIM	1 each	50	13.0
School Elementary Lunch	Total	100	
CORN DOG, CHICKEN *H2*	1 each	75	30.0
SANDWICH, FISH ON A BUN *H2*	1 EACH	25	45.35
MAC & CHEESE, 1/3 cup *H2*	1/3 CUP	50	15.92
GREEN BEANS: cannnd,cooked *H2*	1/2 CUP	25	2.98
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	25	6.97
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	50	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
TARTAR SAUCE	each pc	25	2.0
COND KETCHUP & MUSTARD pc	packet	25	0.0
COND RANCH BASIC CONV PC	1 EACH	25	2.03
MILK, FAT FREE CHOC	1 each	65	24.0
MILK, 1% WHITE CARTON	1 each	25	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			63.13
% of Calories			60.0%
Nutrient Guideline			

Wed - 01/03/2018			
School Elementary Breakfast	Total	100	
BREAKFAST PIZZA	1 each	50	27.0
YOGURT 4oz *H1*	1 EACH	50	19.54
CEREAL, All *H1*	1 EACH	50	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	40	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
JUICE ELEM 4 oz *H1*	CARTON	30	15.51
MILK, 1% WHITE CARTON	1 each	50	13.0
MILK, SKIM	1 each	50	13.0
School Elementary Lunch	Total	100	
BEEF, Teriyaki dipper 4 ea*H2*	serving(4 each)	75	6.12
FRIED RICE, 1 cup *H2*	1/2 CUP	25	47.29
SANDWICH CHEESE 2/2 *H2*	1 EACH	25	34.05
BROCCOLI Florets Steamed *H2*	1/2 CUP	25	2.32
SALAD, ELEM SIDE *H1*	1 EACH	15	11.14
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	50	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
COOKIE, CHOC CHIP, RF/ WG *H3*	1 EACH	95	22.94
COND RANCH BASIC CONV PC	1 EACH	25	2.03
MILK, FAT FREE CHOC	1 each	65	24.0
MILK, 1% WHITE CARTON	1 each	25	13.0
MILK, SKIM	1 each	10	13.0

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			73.52
% of Calories			60.3%
Nutrient Guideline			

Thu - 01/04/2018			
School Elementary Breakfast	Total	100	
WAFFLE DUTCH	1 Each	50	41.96
EGGS, OMELET *H2*	SERVING	50	1.0
CEREAL, All *H1*	1 EACH	50	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	40	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
JUICE ELEM 4 oz *H1*	CARTON	30	15.51
COND SYRUP *H1*	1 EACH	50	30.66
MILK, 1% WHITE CARTON	each	50	13.0
MILK, SKIM	1 each	50	13.0
School Elementary Lunch	Total	100	
TURKEY ROAST (SLICED) *H3*	2 oz	75	2.14
GRAVY, TURKEY *H2*	1/4 CUP	75	3.19
POTATO, MASHED 1/2 CUP *H2*	1/2 CUP	75	16.33
ROLL, WHEAT 2oz*H2*	1 EACH	75	26.86
SANDWICH, WRAPHam 2M*H1*	1 EACH	25	25.79
PEAS frozen 1/2 cup *H2*	1/2 CUP	25	13.48
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	50	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	25	0.87
MILK, FAT FREE CHOC	1 each	65	24.0
MILK, 1% WHITE CARTON	1 each	25	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			78.76
% of Calories			63.5%
Nutrient Guideline			

Fri - 01/05/2018			
School Elementary Breakfast	Total	100	
PANCAKES, MINI, KELLOGGS EGGO	PACKAGE	50	35.0
YOGURT 4oz *H1*	1 EACH	50	19.54
CEREAL, All *H1*	1 EACH	50	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	60	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
JUICE ELEM 4 oz *H1*	CARTON	30	15.51
COND SYRUP *H1*	1 EACH	50	30.66
MILK, 1% WHITE CARTON	each	50	13.0
MILK, SKIM	1 each	50	13.0

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Portion Values - Detailed

	Portion Size	Reimb Qty	Carb (g)
School Elementary Lunch	Total	100	
PIZZA CHEESE WILD MIKES	SLICE	35	33.92
PIZZA PEPPERONI WILD MIKES	SLICE	35	33.98
SANDWICH, TURK & CHEESE 2M*H3*	1 EACH	30	31.03
SALAD, ELEM SIDE *H1*	1 EACH	25	11.14
CARROTS, BABY 1/2 c bag *H1*	BAG	25	3.74
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	50	19.04
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	25	0.87
COND RANCH BASIC CONV PC	1 EACH	25	2.03
MILK, FAT FREE CHOC	1 each	65	24.0
MILK, 1% WHITE CARTON	1 each	25	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			79.11
% of Calories			62.9%
Nutrient Guideline			

Mon - 01/08/2018			
School Elementary Breakfast	Total	100	
BAGEL w CREAM CHEESE*H1*	1 each	50	31.5
YOGURT 4oz *H1*	1 EACH	50	19.54
CEREAL, All *H1*	1 EACH	50	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	40	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
JUICE ELEM 4 oz *H1*	CARTON	30	15.51
MILK, 1% WHITE CARTON	each	50	13.0
MILK, SKIM	1 each	50	13.0
School Elementary Lunch	Total	100	
HOT DOG ON A BUN *H2*	1 EACH	60	32.99
SANDWICH, FISH ON A BUN *H2*	1 EACH	40	45.35
BAKED BEANS *H2*	1/2 CUP	10	32.87
CARROTS, BABY 1/2 c bag *H1*	BAG	25	3.74
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	40	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	35	10.87
PUDDING,HUNTS *H1*	1 EACH	95	20.5
CONDIMENTS, Fry/ Ketchup *H1*	packets	35	2.0
COND RANCH BASIC CONV PC	1 EACH	25	2.03
TARTAR SAUCE	each pc	20	2.0
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	30	0.87
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			80.16
% of Calories			60.7%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 01/09/2018			
School Elementary Breakfast	Total	100	
FRENCH TOAST STK 4 EACH*H2*	Serving	50	13.33
BACON, JENNIE O 2 slices	2 slices	50	0.0
CEREAL, All *H1*	1 EACH	50	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	40	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
JUICE ELEM 4 oz *H1*	CARTON	30	15.51
COND SYRUP *H1*	1 EACH	50	30.66
MILK, 1% WHITE CARTON	1 each	50	13.0
MILK, SKIM	1 each	50	13.0
School Elementary Lunch	Total	100	
ENCHILADA, DICED CHICKEN *H2*	1 EACH	60	30.5
SANDWICH, HAM&CHEESE 2M *H3*	1 EACH	40	35.1
CORN Frozen 1/2 cup*H2*	1/2 CUP	25	17.41
SPANISH RICE, salsa 1/2 c *H2*	1/2 CUP	25	28.39
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	25	6.97
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	30	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	25	10.87
CONDIMENTS, nacho*H1*	SERVING	45	6.3
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	30	0.87
COND RANCH BASIC CONV PC	1 EACH	25	2.03
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			69.73
% of Calories			60.7%
Nutrient Guideline			

Wed - 01/10/2018			
School Elementary Breakfast	Total	100	
WAFFLES, CINNAMON, MINI*H2*	POUCH	50	34.99
EGGS BACON & CHEESE *H2*	2 oz	50	1.0
CEREAL, All *H1*	1 EACH	50	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	40	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
JUICE ELEM 4 oz *H1*	CARTON	30	15.51
COND SYRUP *H1*	1 EACH	50	30.66
MILK, 1% WHITE CARTON	1 each	50	13.0
MILK, SKIM	1 each	50	13.0
School Elementary Lunch	Total	100	
BBQ PORK SANDWICH *H3*	SERVINGS	50	44.61
SANDWICH CHEESE 2/2 *H2*	1 EACH	50	34.05
SOUP, TOMATO 1/2cup *H2*	1/2 CUP	25	10.69
SALAD, ELEM SIDE *H1*	1 EACH	50	11.14
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	35	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
COND RANCH BASIC CONV PC	1 EACH	25	2.03
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			75.61
% of Calories			60.5%
Nutrient Guideline			

Thu - 01/11/2018			
School Elementary Breakfast	Total	100	
TOAST, APPLE CINNAMON	1 SLICE	50	44.79
TURKEY CANADIAN BACON SLICE	2 SLICES	50	1.03
CEREAL, All *H1*	1 EACH	50	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	40	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
JUICE ELEM 4 oz *H1*	CARTON	30	15.51
COND SYRUP *H1*	1 EACH	50	30.66
MILK, 1% WHITE CARTON	each	50	13.0
MILK, SKIM	1 each	50	13.0
School Elementary Lunch	Total	100	
CHICKEN, POPCORN, 2 M	12 PIECES	70	15.78
GRAVY, COUNTRY	1/4 cup	70	5.54
ROLL, WHEAT 2oz*H2*	1 EACH	50	26.86
SANDWICH, WRAPHam 2M*H1*	1 EACH	30	25.79
POTATO, MASHED 1/2 CUP *H2*	1/2 CUP	70	16.33
CORN Frozen 1/2 cup*H2*	1/2 CUP	50	17.41
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	30	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
COOKIE, CHOC CHIP, RF/ WG *H3*	1 EACH	95	22.94
COND KETCHUP & MUSTARD pc	packet	25	0.0
CONDIMENTS (BBQ) *H1*	pc packs	25	10.0
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	25	0.87
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			93.91
% of Calories			63.7%
Nutrient Guideline			

Fri - 01/12/2018			
School Elementary Breakfast	Total	100	
PANCAKE ON A STICK *H2*	1 each	50	45.6
YOGURT 4oz *H1*	1 EACH	50	19.54
CEREAL, All *H1*	1 EACH	50	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	40	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
JUICE ELEM 4 oz *H1*	CARTON	30	15.51
COND SYRUP *H1*	1 EACH	50	30.66
MILK, 1% WHITE CARTON	each	50	13.0
MILK, SKIM	1 each	50	13.0

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School Elementary Lunch	Total	100	
PIZZA CHEESE WILD MIKES	SLICE	40	33.92
PIZZA PEPPERONI WILD MIKES	SLICE	30	33.98
CHICKEN PATTY SANDWICH *H2*	1 EACH	30	47.42
SALAD, ELEM SIDE *H1*	1 EACH	15	11.14
CARROTS, BABY 1/2 c bag *H1*	BAG	25	3.74
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	40	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
COND RANCH BASIC CONV PC	1 EACH	25	2.03
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	30	0.87
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			80.01
% of Calories			59.4%
Nutrient Guideline			

Tue - 01/16/2018			
School Elementary Breakfast	Total	100	
FRENCH TOAST STK 4 EACH*H2*	Serving	50	13.33
SAUSAGE. PATTY JENNIE O	1 each	40	0.0
CEREAL, All *H1*	1 EACH	50	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	40	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
JUICE ELEM 4 oz *H1*	CARTON	30	15.51
MILK, 1% WHITE CARTON	1 each	50	13.0
MILK, SKIM	1 each	50	13.0
School Elementary Lunch	Total	100	
CHICKEN FRIES	8 FRIES	75	16.25
SANDWICH, HAM&CHEESE 2M *H3*	1 EACH	25	35.1
POTATO PUFFS: 1/2 cup *H2*	1/2 CUP	80	16.04
SALAD, ELEM SIDE *H1*	1 EACH	25	11.14
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	50	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
CONDIMENTS, Fry/ Ketchup *H1*	packets	50	2.0
CONDIMENTS (BBQ) *H1*	pc packs	25	10.0
COND RANCH BASIC CONV PC	1 EACH	25	2.03
MILK, FAT FREE CHOC	1 each	65	24.0
MILK, 1% WHITE CARTON	1 each	25	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			60.78
% of Calories			53.8%
Nutrient Guideline			

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Wed - 01/17/2018			
School Elementary Breakfast	Total	100	
BREAKFAST PIZZA	1 each	50	27.0
YOGURT 4oz *H1*	1 EACH	50	19.54
CEREAL, All *H1*	1 EACH	50	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	40	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
JUICE ELEM 4 oz *H1*	CARTON	30	15.51
MILK, 1% WHITE CARTON	1 each	50	13.0
MILK, SKIM	1 each	50	13.0
School Elementary Lunch	Total	100	
TACO, HARD SHELL 1 EA *H2*	1 EACH	75	10.31
SANDWICH CHEESE 2/2 *H2*	1 EACH	25	34.05
TACO FIXINGS *H1*	serving	75	3.66
RICE, BROWN 1/2 cup*H2*	1/2 CUP	25	17.53
BEANS, BLACK SEASONED *H2*	1/2 CUP	25	25.77
CORN Frozen 1/2 cup*H2*	1/2 CUP	25	17.41
COOKIE, CARNIVAL RF/ WG *H3*	1 EACH	95	22.94
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	50	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
MILK, FAT FREE CHOC	1 each	65	24.0
MILK, 1% WHITE CARTON	1 each	25	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			76.76
% of Calories			59.5%
Nutrient Guideline			

Thu - 01/18/2018			
School Elementary Breakfast	Total	100	
WAFFLE DUTCH	1 Each	50	41.96
EGGS, OMELET *H2*	SERVING	50	1.0
CEREAL, All *H1*	1 EACH	50	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	40	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
JUICE ELEM 4 oz *H1*	CARTON	30	15.51
COND SYRUP *H1*	1 EACH	50	30.66
MILK, 1% WHITE CARTON	each	50	13.0
MILK, SKIM	1 each	50	13.0
School Elementary Lunch	Total	100	
PORK CHOP, BREADED PATTY *H2*	1 EACH	75	13.39
SANDWICH, WRAP Turkey 2M*H1*	1 EACH	25	24.17
GRAVY, COUNTRY	1/4 cup	70	5.54
ROLL, WHEAT 2oz*H2*	1 EACH	50	26.86
POTATO, MASHED 1/2 CUP *H2*	1/2 CUP	70	16.33
CARROT STEAMED BABY *H2*	1/2 CUP	20	7.24
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	50	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
CONDIMENTS (LTPM MayoMust) *H1*	1 EACH	25	0.87
MILK, FAT FREE CHOC	1 each	65	24.0
MILK, 1% WHITE CARTON	1 each	25	13.0
MILK, SKIM	1 each	10	13.0

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Portion Values - Detailed

	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			78.80
% of Calories			57.8%
Nutrient Guideline			

Fri - 01/19/2018			
School Elementary Breakfast	Total	100	
PANCAKES, MINI, KELLOGGS EGGO	PACKAGE	50	35.0
YOGURT 4oz *H1*	1 EACH	50	19.54
CEREAL, All *H1*	1 EACH	50	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	60	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
JUICE ELEM 4 oz *H1*	CARTON	30	15.51
COND SYRUP *H1*	1 EACH	50	30.66
MILK, 1% WHITE CARTON	each	50	13.0
MILK, SKIM	1 each	50	13.0
School Elementary Lunch	Total	100	
PIZZA RIPPER CHEESE WG	1 EACH	30	32.11
PIZZA RIPPER PEPPERONI WG	1 EACH	40	27.1
BURRITO, ELEM, LOS CABOS *H2*	1 EACH	30	31.39
SALAD, ELEM SIDE *H1*	1 EACH	20	11.14
CARROTS, BABY 1/2 c bag *H1*	BAG	20	3.74
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	50	19.04
YOGURT & FRUIT PARFAIT1/2*H1*	1/2 CUP	25	30.07
COND SALSA RED GOLD *H1*	1/8 CUP	30	1.96
COND RANCH BASIC CONV PC	1 EACH	25	2.03
MILK, FAT FREE CHOC	1 each	65	24.0
MILK, 1% WHITE CARTON	1 each	25	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			81.09
% of Calories			67.0%
Nutrient Guideline			

Mon - 01/22/2018			
School Elementary Breakfast	Total	100	
BAGEL w CREAM CHEESE*H1*	1 each	50	31.5
YOGURT 4oz *H1*	1 EACH	50	19.54
CEREAL, All *H1*	1 EACH	50	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	40	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
JUICE ELEM 4 oz *H1*	CARTON	30	15.51
MILK, 1% WHITE CARTON	each	50	13.0
MILK, SKIM	1 each	50	13.0

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Ogden School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: School Elementary Breakfast/School
Elementary Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Carb (g)
School Elementary Lunch	Total	100	
CHEESE, MAX STIX 2 EACH entree	serving 2 each	80	32.0
MARINARA SAUCE, 2 OZ	2 OZ	50	6.66
CHICKEN PATTY SANDWICH *H2*	1 EACH	20	47.42
POTATO PUFFS: 1/2 cup *H2*	1/2 CUP	70	16.04
CARROTS, BABY 1/2 c bag *H1*	BAG	20	3.74
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	25	10.87
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	25	19.04
CONDIMENTS, Fry/ Ketchup *H1*	packets	25	2.0
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	25	0.87
COND RANCH BASIC CONV PC	1 EACH	25	2.03
MILK, FAT FREE CHOC	1 each	65	24.0
MILK, 1% WHITE CARTON	1 each	25	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			71.98
% of Calories			57.9%
Nutrient Guideline			

Tue - 01/23/2018			
School Elementary Breakfast	Total	100	
FRENCH TOAST STK 4 EACH*H2*	Serving	50	13.33
BACON, JENNIE O 2 slices	2 slices	50	0.0
CEREAL, All *H1*	1 EACH	50	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	40	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
JUICE ELEM 4 oz *H1*	CARTON	30	15.51
COND SYRUP *H1*	1 EACH	50	30.66
MILK, 1% WHITE CARTON	1 each	50	13.0
MILK, SKIM	1 each	50	13.0
School Elementary Lunch	Total	100	
CHALUPA, BEAN & CHEESE *H2*	1 EACH	80	21.15
SANDWICH, HAM&CHEESE 2M *H3*	1 EACH	20	35.1
CORN Frozen 1/2 cup*H2*	1/2 CUP	20	17.41
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	15	6.97
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	50	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
COOKIE, CARNIVAL RF/ WG *H3*	1 EACH	90	22.94
CONDIMENTS, nacho*H1*	SERVING	25	6.3
COND RANCH BASIC CONV PC	1 EACH	25	2.03
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	25	0.87
MILK, FAT FREE CHOC	1 each	65	24.0
MILK, 1% WHITE CARTON	1 each	25	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			73.85
% of Calories			61.8%
Nutrient Guideline			

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Ogden School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: School Elementary Breakfast/School Elementary Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Carb (g)
Wed - 01/24/2018			
School Elementary Breakfast	Total	100	
WAFFLES, CINNAMON, MINI*H2*	POUCH	50	34.99
EGGS BACON & CHEESE *H2*	2 oz	50	1.0
CEREAL, All *H1*	1 EACH	50	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	40	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
JUICE ELEM 4 oz *H1*	CARTON	30	15.51
COND SYRUP *H1*	1 EACH	50	30.66
MILK, 1% WHITE CARTON	1 each	50	13.0
MILK, SKIM	1 each	50	13.0
School Elementary Lunch	Total	100	
LASAGNA 35 count*H2*	SERVING	75	38.24
BREAD STICK, WG 2 EACH *H2*	1 EACH	50	13.5
SANDWICH CHEESE 2/2 *H2*	1 EACH	25	34.05
SALAD, ELEM SIDE *H1*	1 EACH	15	11.14
GREEN BEANS: cannd,cooked *H2*	1/2 CUP	15	2.98
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	50	19.04
COND RANCH BASIC CONV PC	1 EACH	15	2.03
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	25	0.87
MILK, FAT FREE CHOC	1 each	65	24.0
MILK, 1% WHITE CARTON	1 each	25	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			77.10
% of Calories			55.1%
Nutrient Guideline			

Thu - 01/25/2018			
School Elementary Breakfast	Total	100	
TOAST, APPLE CINNAMON	1 SLICE	50	44.79
TURKEY CANADIAN BACON SLICE	2 SLICES	50	1.03
CEREAL, All *H1*	1 EACH	50	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	40	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
JUICE ELEM 4 oz *H1*	CARTON	30	15.51
COND SYRUP *H1*	1 EACH	50	30.66
MILK, 1% WHITE CARTON	each	50	13.0
MILK, SKIM	1 each	50	13.0
School Elementary Lunch	Total	100	
Beef Fingers Breaded 4 each	4 EACH	80	16.53
ROLL, WHEAT 2oz*H2*	1 EACH	50	26.86
SANDWICH, WRAP Turkey 2M*H1*	1 EACH	20	24.17
GRAVY, COUNTRY	1/4 cup	70	5.54
POTATO, MASHED 1/2 CUP *H2*	1/2 CUP	70	16.33
BROCCOLI Frozen 1/2 cup*H2*	1/2 CUP	25	4.62
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	50	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	25	0.87
MILK, FAT FREE CHOC	1 each	65	24.0
MILK, 1% WHITE CARTON	1 each	25	13.0
MILK, SKIM	1 each	10	13.0

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Ogden School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: School Elementary Breakfast/School
Elementary Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			80.35
% of Calories			62.7%
Nutrient Guideline			

Fri - 01/26/2018			
School Elementary Breakfast	Total	100	
PANCAKE ON A STICK *H2*	1 each	50	45.6
YOGURT 4oz *H1*	1 EACH	50	19.54
CEREAL, All *H1*	1 EACH	50	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	40	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
JUICE ELEM 4 oz *H1*	CARTON	30	15.51
COND SYRUP *H1*	1 EACH	50	30.66
MILK, 1% WHITE CARTON	each	50	13.0
MILK, SKIM	1 each	50	13.0
School Elementary Lunch	Total	100	
PIZZA RIPPER CHEESE WG	1 EACH	30	32.11
PIZZA RIPPER PEPPERONI WG	1 EACH	40	27.1
SANDWICH, FISH ON A BUN *H2*	1 EACH	30	45.35
SALAD, ELEM SIDE *H1*	1 EACH	25	11.14
CARROTS, BABY 1/2 c bag *H1*	BAG	25	3.74
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	50	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
COND RANCH BASIC CONV PC	1 EACH	25	2.03
TARTAR SAUCE	each pc	20	2.0
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	20	0.87
MILK, FAT FREE CHOC	1 each	65	24.0
MILK, 1% WHITE CARTON	1 each	25	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			80.54
% of Calories			61.7%
Nutrient Guideline			

Mon - 01/29/2018			
School Elementary Breakfast	Total	100	
BAGEL MINI ASSORTMENT	1 Each	50	40.8
CEREAL, All *H1*	1 EACH	40	21.33
YOGURT 4oz *H1*	1 EACH	40	19.54
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	40	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
JUICE ELEM 4 oz *H1*	CARTON	30	15.51
MILK, 1% WHITE CARTON	each	50	13.0
MILK, SKIM	1 each	50	13.0

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Ogden School District

Base Menu Spreadsheet

Portion Values - Detailed

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Jan 1, 2018 thru Jan 31, 2018

Combined: School Elementary Breakfast/School
Elementary Lunch

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	Portion Size	Reimb Qty	Carb (g)
School Elementary Lunch	Total	100	
HAMBURGER ON A BUN *H2*	1 EACH	25	33.23
CHEESE BURGER ON A BUN *H2*	1 EACH	25	34.03
SANDWICH CHEESE 2/2 *H2*	1 EACH	50	34.05
POTATO, FRIES oven heat *H2*	1/2 CUP	75	21.74
BEANS, REFRIED *H2*	1/2 CUP	15	29.36
CARROTS, BABY 1/2 c bag *H1*	BAG	25	3.74
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	50	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	25	0.87
CONDIMENTS, Fry/ Ketchup *H1*	packets	75	2.0
MILK, FAT FREE CHOC	1 each	65	24.0
MILK, 1% WHITE CARTON	1 each	25	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			78.79
% of Calories			59.6%
Nutrient Guideline			

Tue - 01/30/2018			
School Elementary Breakfast	Total	100	
FRENCH TOAST STK 4 EACH*H2*	Serving	50	13.33
SAUSAGE, PATTY JENNIE O	1 each	40	0.0
CEREAL, All *H1*	1 EACH	50	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	40	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
JUICE ELEM 4 oz *H1*	CARTON	30	15.51
MILK, 1% WHITE CARTON	1 each	50	13.0
MILK, SKIM	1 each	50	13.0
School Elementary Lunch	Total	100	
CHICKEN YANGS MANDARIN 2 M	3.6 oz serving	75	19.33
RICE, BROWN 1/2 cup*H2*	1/2 CUP	50	17.53
BURRITO, ELEM, LOS CABOS *H2*	1 EACH	25	31.39
VEGETABLES, CALIFORNIA BLEND	1/2 CUP	25	3.5
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	15	6.97
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	50	19.04
COND RANCH BASIC CONV PC	1 EACH	15	2.03
COND SALSA RED GOLD *H1*	1/8 CUP	25	1.96
MILK, FAT FREE CHOC	1 each	65	24.0
MILK, 1% WHITE CARTON	1 each	25	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			57.39
% of Calories			66.7%
Nutrient Guideline			

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Ogden School District

Jan 1, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Combined: School Elementary Breakfast/School Elementary Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Wed - 01/31/2018			
School Elementary Breakfast	Total	100	
BREAKFAST PIZZA	1 each	50	27.0
YOGURT 4oz *H1*	1 EACH	50	19.54
CEREAL, All *H1*	1 EACH	50	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	40	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	30	10.87
JUICE ELEM 4 oz *H1*	CARTON	30	15.51
MILK, 1% WHITE CARTON	1 each	50	13.0
MILK, SKIM	1 each	50	13.0
School Elementary Lunch	Total	100	
RIB BQ SAND _ hamb bun *H2*	1 EACH	50	44.47
SANDWICH, HAM&CHEESE 2M *H3*	1 EACH	50	35.1
BAKED BEANS *H2*	1/2 CUP	15	32.87
PEAS frozen 1/2 cup *H2*	1/2 CUP	25	13.48
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	50	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	50	10.87
RICE KRISPY TREATS *H2*	1 EACH	1	29.98
CONDIMENTS (PLO) *H1*	1 EACH	35	2.37
MILK, FAT FREE CHOC	1 each	70	24.0
MILK, 1% WHITE CARTON	1 each	20	13.0
MILK, SKIM	1 each	10	13.0
Weighted Daily Average			73.66
% of Calories			64.6%
Nutrient Guideline			

Weighted Average			75.48 60.8%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	75.48	60.84%						

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