

Ogden School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Feb 1, 2018 thru Feb 28, 2018

HS Hot Sandwich Line

Generated on: 1/25/2018 1:09:01 PM

	Portion Size	Carb (g)
Thu - 02/01/2018		
HS Hot Sandwich Line	Total	
CHICKEN SPICY PATTY SAND *H2*	1 EACH	48.43
CHICKEN CRISPY FILET SAND*H2*	1 EACH	45.0
HAMBURGER ON A BUN *H2*	1 EACH	33.23
CHIPS, BAKED POTATO *H1*	BAG	20.0
CHIPS CHEETOS BAKED	1 EACH	16.0
CHIPS SPICY CHEETOS*H1*	BAG	17.0
SALAD, SECONDARY SIDE *H1*	1 EACH	14.46
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	6.97
FRUIT,FRESH ASSORT HIGH *H1*	serving	17.94
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
CONDIMENT BAR (MS HS) *H1*	serving	2.86
MILK, 1% WHITE CARTON	1 each	13.0
MILK, FAT FREE CHOC	1 each	24.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		102.26
% of Calories		60.4%
Nutrient Guideline		

Fri - 02/02/2018		
HS Hot Sandwich Line	Total	
CHICKEN SPICY PATTY SAND *H2*	1 EACH	48.43
CHICKEN CRISPY FILET SAND*H2*	1 EACH	45.0
CHEESE BURGER ON A BUN *H2*	1 EACH	34.03
HAMBURGER ON A BUN *H2*	1 EACH	33.23
POTATO, FRIES oven heat *H2*	1/2 CUP	21.74
SALAD, SECONDARY SIDE *H1*	1 EACH	14.46
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	6.97
FRUIT,FRESH ASSORT HIGH *H1*	serving	17.94
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
CONDIMENT BAR (MS HS) *H1*	serving	2.86
MILK, 1% WHITE CARTON	1 each	13.0
MILK, FAT FREE CHOC	1 each	24.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		112.31
% of Calories		56.8%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

HS Hot Sandwich Line

Portion Values - Detailed

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Generated on: 1/25/2018 1:09:01 PM

	Portion Size	Carb (g)
Mon - 02/05/2018		
HS Hot Sandwich Line	Total	
CHICKEN SPICY PATTY SAND *H2*	1 EACH	48.43
CHICKEN CRISPY FILET SAND*H2*	1 EACH	45.0
HAMBURGER ON A BUN *H2*	1 EACH	33.23
CHEESE BURGER ON A BUN *H2*	1 EACH	34.03
POTATO, FRIES oven heat *H2*	1/2 CUP	21.74
SALAD, SECONDARY SIDE *H1*	1 EACH	14.46
CARROTS, BABY 1/2 c bag *H1*	BAG	3.74
FRUIT,FRESH ASSORT HIGH *H1*	serving	17.94
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
CONDIMENT BAR (MS HS) *H1*	serving	2.86
MILK, 1% WHITE CARTON	1 each	13.0
MILK, FAT FREE CHOC	1 each	24.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		110.69
% of Calories		56.6%
Nutrient Guideline		

Tue - 02/06/2018		
HS Hot Sandwich Line	Total	
CHICKEN SPICY PATTY SAND *H2*	1 EACH	48.43
CHICKEN CRISPY FILET SAND*H2*	1 EACH	45.0
HOT DOG 2 EACH	2 EACH	65.93
SANDWICH, FISH ON A BUN *H2*	1 EACH	45.35
CHIPS, SUN *H1*	BAG	18.5
SALAD, SECONDARY SIDE *H1*	1 EACH	14.46
CARROTS, BABY 1/2 c bag *H1*	BAG	3.74
FRUIT,FRESH ASSORT HIGH *H1*	serving	17.94
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
CONDIMENT BAR (MS HS) *H1*	serving	2.86
MILK, 1% WHITE CARTON	1 each	13.0
MILK, FAT FREE CHOC	1 each	24.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		118.46
% of Calories		53.2%
Nutrient Guideline		

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Base Menu Spreadsheet

Portion Values - Detailed

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Feb 1, 2018 thru Feb 28, 2018

HS Hot Sandwich Line

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	Portion Size	Carb (g)
Wed - 02/07/2018		
HS Hot Sandwich Line	Total	
CHICKEN SPICY PATTY SAND *H2*	1 EACH	48.43
CHICKEN CRISPY FILET SAND*H2*	1 EACH	45.0
CORN DOG, CHICKEN *H2*	1 each	30.0
RIB BQ SAND _ hamb bun *H2*	1 EACH	44.47
POTATO PUFFS: 1/2 cup *H2*	1/2 CUP	16.04
SALAD, SECONDARY SIDE *H1*	1 EACH	14.46
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	6.97
FRUIT,FRESH ASSORT HIGH *H1*	serving	17.94
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
PUDDING,HUNTS *H1*	1 EACH	20.5
CONDIMENT BAR (MS HS) *H1*	serving	2.86
MILK, 1% WHITE CARTON	1 each	13.0
MILK, FAT FREE CHOC	1 each	24.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		128.91
% of Calories		57.2%
Nutrient Guideline		

	Portion Size	Carb (g)
Thu - 02/08/2018		
HS Hot Sandwich Line	Total	
CHICKEN SPICY PATTY SAND *H2*	1 EACH	48.43
CHICKEN CRISPY FILET SAND*H2*	1 EACH	45.0
HAMBURGER ON A BUN *H2*	1 EACH	33.23
CHIPS, BAKED POTATO *H1*	BAG	20.0
CHIPS CHEETOS BAKED	1 EACH	16.0
CHIPS SPICY CHEETOS*H1*	BAG	17.0
SALAD, SECONDARY SIDE *H1*	1 EACH	14.46
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	6.97
FRUIT,FRESH ASSORT HIGH *H1*	serving	17.94
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
COOKIE, CHOC CHIP, RF/ WG *H3*	1 EACH	22.94
CONDIMENT BAR (MS HS) *H1*	serving	2.86
MILK, 1% WHITE CARTON	1 each	13.0
MILK, FAT FREE CHOC	1 each	24.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		133.13
% of Calories		58.6%
Nutrient Guideline		

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Ogden School District

Base Menu Spreadsheet

Portion Values - Detailed

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Feb 1, 2018 thru Feb 28, 2018

HS Hot Sandwich Line

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	Portion Size	Carb (g)
Fri - 02/09/2018		
HS Hot Sandwich Line	Total	
CHICKEN SPICY PATTY SAND *H2*	1 EACH	48.43
CHICKEN CRISPY FILET SAND*H2*	1 EACH	45.0
CHEESE BURGER ON A BUN *H2*	1 EACH	34.03
HAMBURGER ON A BUN *H2*	1 EACH	33.23
POTATO, FRIES oven heat *H2*	1/2 CUP	21.74
SALAD, SECONDARY SIDE *H1*	1 EACH	14.46
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	6.97
FRUIT,FRESH ASSORT HIGH *H1*	serving	17.94
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
CONDIMENT BAR (MS HS) *H1*	serving	2.86
MILK, 1% WHITE CARTON	1 each	13.0
MILK, FAT FREE CHOC	1 each	24.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		112.31
% of Calories		56.8%
Nutrient Guideline		

	Portion Size	Carb (g)
Mon - 02/12/2018		
HS Hot Sandwich Line	Total	
CHICKEN SPICY PATTY SAND *H2*	1 EACH	48.43
CHICKEN CRISPY FILET SAND*H2*	1 EACH	45.0
HAMBURGER ON A BUN *H2*	1 EACH	33.23
CHEESE BURGER ON A BUN *H2*	1 EACH	34.03
POTATO, FRIES oven heat *H2*	1/2 CUP	21.74
SALAD, SECONDARY SIDE *H1*	1 EACH	14.46
CARROTS, BABY 1/2 c bag *H1*	BAG	3.74
FRUIT,FRESH ASSORT HIGH *H1*	serving	17.94
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
CONDIMENT BAR (MS HS) *H1*	serving	2.86
MILK, 1% WHITE CARTON	1 each	13.0
MILK, FAT FREE CHOC	1 each	24.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		110.69
% of Calories		56.6%
Nutrient Guideline		

	Portion Size	Carb (g)
Tue - 02/13/2018		
HS Hot Sandwich Line	Total	
CHICKEN SPICY PATTY SAND *H2*	1 EACH	48.43
CHICKEN CRISPY FILET SAND*H2*	1 EACH	45.0
HOT DOG 2 EACH	2 EACH	65.93
SANDWICH, FISH ON A BUN *H2*	1 EACH	45.35
CHIPS, SUN *H1*	BAG	18.5
SALAD, SECONDARY SIDE *H1*	1 EACH	14.46
CARROTS, BABY 1/2 c bag *H1*	BAG	3.74
FRUIT,FRESH ASSORT HIGH *H1*	serving	17.94
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
CONDIMENT BAR (MS HS) *H1*	serving	2.86
MILK, 1% WHITE CARTON	1 each	13.0
MILK, FAT FREE CHOC	1 each	24.0
MILK, SKIM	1 each	13.0

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HS Hot Sandwich Line

Portion Values - Detailed

	Portion Size	Carb (g)
Weighted Daily Average		118.46
% of Calories		53.2%
Nutrient Guideline		

Wed - 02/14/2018		
HS Hot Sandwich Line	Total	
CHICKEN SPICY PATTY SAND *H2*	1 EACH	48.43
CHICKEN CRISPY FILET SAND*H2*	1 EACH	45.0
CORN DOG, CHICKEN *H2*	1 each	30.0
RIB BQ SAND _ hamb bun *H2*	1 EACH	44.47
POTATO PUFFS: 1/2 cup *H2*	1/2 CUP	16.04
SALAD, SECONDARY SIDE *H1*	1 EACH	14.46
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	6.97
FRUIT,FRESH ASSORT HIGH *H1*	serving	17.94
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
PUDDING,HUNTS *H1*	1 EACH	20.5
CONDIMENT BAR (MS HS) *H1*	serving	2.86
MILK, 1% WHITE CARTON	1 each	13.0
MILK, FAT FREE CHOC	1 each	24.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		128.91
% of Calories		57.2%
Nutrient Guideline		

Thu - 02/15/2018		
HS Hot Sandwich Line	Total	
CHICKEN SPICY PATTY SAND *H2*	1 EACH	48.43
CHICKEN CRISPY FILET SAND*H2*	1 EACH	45.0
HAMBURGER ON A BUN *H2*	1 EACH	33.23
CHIPS, BAKED POTATO *H1*	BAG	20.0
CHIPS CHEETOS BAKED	1 EACH	16.0
CHIPS SPICY CHEETOS*H1*	BAG	17.0
SALAD, SECONDARY SIDE *H1*	1 EACH	14.46
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	6.97
FRUIT,FRESH ASSORT HIGH *H1*	serving	17.94
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
COOKIE, CHOC CHIP, RF/ WG *H3*	1 EACH	22.94
CONDIMENT BAR (MS HS) *H1*	serving	2.86
MILK, 1% WHITE CARTON	1 each	13.0
MILK, FAT FREE CHOC	1 each	24.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		133.13
% of Calories		58.6%
Nutrient Guideline		

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Base Menu Spreadsheet

HS Hot Sandwich Line

Portion Values - Detailed

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	Portion Size	Carb (g)
Fri - 02/16/2018		
HS Hot Sandwich Line	Total	
CHICKEN SPICY PATTY SAND *H2*	1 EACH	48.43
CHICKEN CRISPY FILET SAND*H2*	1 EACH	45.0
CHEESE BURGER ON A BUN *H2*	1 EACH	34.03
HAMBURGER ON A BUN *H2*	1 EACH	33.23
POTATO, FRIES oven heat *H2*	1/2 CUP	21.74
SALAD, SECONDARY SIDE *H1*	1 EACH	14.46
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	6.97
FRUIT,FRESH ASSORT HIGH *H1*	serving	17.94
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
CONDIMENT BAR (MS HS) *H1*	serving	2.86
MILK, 1% WHITE CARTON	1 each	13.0
MILK, FAT FREE CHOC	1 each	24.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		112.31
% of Calories		56.8%
Nutrient Guideline		

Wed - 02/21/2018		
HS Hot Sandwich Line	Total	
CHICKEN SPICY PATTY SAND *H2*	1 EACH	48.43
CHICKEN CRISPY FILET SAND*H2*	1 EACH	45.0
HAMBURGER ON A BUN *H2*	1 EACH	33.23
CHEESE BURGER ON A BUN *H2*	1 EACH	34.03
POTATO, FRIES oven heat *H2*	1/2 CUP	21.74
SALAD, SECONDARY SIDE *H1*	1 EACH	14.46
CARROTS, BABY 1/2 c bag *H1*	BAG	3.74
FRUIT,FRESH ASSORT HIGH *H1*	serving	17.94
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
CONDIMENT BAR (MS HS) *H1*	serving	2.86
MILK, 1% WHITE CARTON	1 each	13.0
MILK, FAT FREE CHOC	1 each	24.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		110.69
% of Calories		56.6%
Nutrient Guideline		

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Portion Values - Detailed

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Feb 1, 2018 thru Feb 28, 2018

HS Hot Sandwich Line

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	Portion Size	Carb (g)
Thu - 02/22/2018		
HS Hot Sandwich Line	Total	
CHICKEN SPICY PATTY SAND *H2*	1 EACH	48.43
CHICKEN CRISPY FILET SAND*H2*	1 EACH	45.0
HAMBURGER ON A BUN *H2*	1 EACH	33.23
CHIPS, BAKED POTATO *H1*	BAG	20.0
CHIPS CHEETOS BAKED	1 EACH	16.0
CHIPS SPICY CHEETOS*H1*	BAG	17.0
SALAD, SECONDARY SIDE *H1*	1 EACH	14.46
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	6.97
FRUIT,FRESH ASSORT HIGH *H1*	serving	17.94
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
COOKIE, CHOC CHIP, RF/ WG *H3*	1 EACH	22.94
CONDIMENT BAR (MS HS) *H1*	serving	2.86
MILK, 1% WHITE CARTON	1 each	13.0
MILK, FAT FREE CHOC	1 each	24.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		133.13
% of Calories		58.6%
Nutrient Guideline		

	Portion Size	Carb (g)
Fri - 02/23/2018		
HS Hot Sandwich Line	Total	
CHICKEN SPICY PATTY SAND *H2*	1 EACH	48.43
CHICKEN CRISPY FILET SAND*H2*	1 EACH	45.0
CHEESE BURGER ON A BUN *H2*	1 EACH	34.03
HAMBURGER ON A BUN *H2*	1 EACH	33.23
POTATO, FRIES oven heat *H2*	1/2 CUP	21.74
SALAD, SECONDARY SIDE *H1*	1 EACH	14.46
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	6.97
FRUIT,FRESH ASSORT HIGH *H1*	serving	17.94
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
CONDIMENT BAR (MS HS) *H1*	serving	2.86
MILK, 1% WHITE CARTON	1 each	13.0
MILK, FAT FREE CHOC	1 each	24.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		112.31
% of Calories		56.8%
Nutrient Guideline		

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Portion Values - Detailed

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	Portion Size	Carb (g)
Mon - 02/26/2018		
HS Hot Sandwich Line	Total	
CHICKEN SPICY PATTY SAND *H2*	1 EACH	48.43
CHICKEN CRISPY FILET SAND*H2*	1 EACH	45.0
HAMBURGER ON A BUN *H2*	1 EACH	33.23
CHEESE BURGER ON A BUN *H2*	1 EACH	34.03
POTATO, FRIES oven heat *H2*	1/2 CUP	21.74
SALAD, SECONDARY SIDE *H1*	1 EACH	14.46
CARROTS, BABY 1/2 c bag *H1*	BAG	3.74
FRUIT,FRESH ASSORT HIGH *H1*	serving	17.94
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
CONDIMENT BAR (MS HS) *H1*	serving	2.86
MILK, 1% WHITE CARTON	1 each	13.0
MILK, FAT FREE CHOC	1 each	24.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		110.69
% of Calories		56.6%
Nutrient Guideline		

	Portion Size	Carb (g)
Tue - 02/27/2018		
HS Hot Sandwich Line	Total	
CHICKEN SPICY PATTY SAND *H2*	1 EACH	48.43
CHICKEN CRISPY FILET SAND*H2*	1 EACH	45.0
HOT DOG 2 EACH	2 EACH	65.93
SANDWICH, FISH ON A BUN *H2*	1 EACH	45.35
CHIPS, SUN *H1*	BAG	18.5
SALAD, SECONDARY SIDE *H1*	1 EACH	14.46
CARROTS, BABY 1/2 c bag *H1*	BAG	3.74
FRUIT,FRESH ASSORT HIGH *H1*	serving	17.94
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
CREAMIES, junior *H1*	1 EACH	45.0
CONDIMENT BAR (MS HS) *H1*	serving	2.86
MILK, 1% WHITE CARTON	1 each	13.0
MILK, FAT FREE CHOC	1 each	24.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		118.91
% of Calories		53.3%
Nutrient Guideline		

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	Portion Size	Carb (g)
Wed - 02/28/2018		
HS Hot Sandwich Line	Total	
CHICKEN SPICY PATTY SAND *H2*	1 EACH	48.43
CHICKEN CRISPY FILET SAND*H2*	1 EACH	45.0
CORN DOG, CHICKEN *H2*	1 each	30.0
RIB BQ SAND _ hamb bun *H2*	1 EACH	44.47
POTATO PUFFS: 1/2 cup *H2*	1/2 CUP	16.04
SALAD, SECONDARY SIDE *H1*	1 EACH	14.46
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	6.97
FRUIT,FRESH ASSORT HIGH *H1*	serving	17.94
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
PUDDING,HUNTS *H1*	1 EACH	20.5
CONDIMENT BAR (MS HS) *H1*	serving	2.86
MILK, 1% WHITE CARTON	1 each	13.0
MILK, FAT FREE CHOC	1 each	24.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		128.91
% of Calories		57.2%
Nutrient Guideline		

Weighted Average		118.68
		56.7%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	118.68	56.68%						

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* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.