

# Ogden School District

Feb 1, 2018 thru Feb 28, 2018

## Base Menu Spreadsheet

Combined: School Elementary Breakfast/School  
Elementary Lunch

### Portion Values - Detailed

	Portion Size	Carb (g)
Thu - 02/01/2018		
School Elementary Breakfast	Total	
WAFFLE DUTCH	1 Each	41.96
EGGS, OMELET *H2*	SERVING	1.0
CEREAL, All *H1*	1 EACH	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
JUICE ELEM 4 oz *H1*	CARTON	15.51
COND SYRUP *H1*	1 EACH	30.66
MILK, 1% WHITE CARTON	each	13.0
MILK, SKIM	1 each	13.0
School Elementary Lunch	Total	
CHICKEN DRUMSTICK BREADED	1 EACH	9.13
POTATOES CHEESY 1/2 CUP*H2*	1/2 CUP	20.61
ROLL, WHEAT 2oz*H2*	1 EACH	26.86
SANDWICH, HAM&CHEESE 2M *H3*	1 EACH	35.1
GREEN BEANS: cannd,cooked *H2*	1/2 CUP	2.98
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	0.87
MILK, FAT FREE CHOC	1 each	24.0
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		75.57
% of Calories		51.4%
Nutrient Guideline		

Fri - 02/02/2018		
School Elementary Breakfast	Total	
PANCAKES, MINI, KELLOGGS EGGO	PACKAGE	35.0
YOGURT 4oz *H1*	1 EACH	19.54
CEREAL, All *H1*	1 EACH	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
JUICE ELEM 4 oz *H1*	CARTON	15.51
COND SYRUP *H1*	1 EACH	30.66
MILK, 1% WHITE CARTON	each	13.0
MILK, SKIM	1 each	13.0
School Elementary Lunch	Total	
PIZZA RIPPER CHEESE WG	1 EACH	32.11
PIZZA RIPPER PEPPERONI WG	1 EACH	27.1
CHICKEN PATTY SANDWICH *H2*	1 EACH	47.42
SALAD, ELEM SIDE *H1*	1 EACH	11.14
CARROTS, BABY 1/2 c bag *H1*	BAG	3.74
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
COND RANCH BASIC CONV PC	1 EACH	2.03
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	0.87
MILK, FAT FREE CHOC	1 each	24.0
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0

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# Ogden School District

**Feb 1, 2018 thru Feb 28, 2018**

## Base Menu Spreadsheet

Combined: School Elementary Breakfast/School  
Elementary Lunch

### Portion Values - Detailed

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	Portion Size	Carb (g)
Weighted Daily Average		78.30
% of Calories		63.5%
Nutrient Guideline		

Mon - 02/05/2018		
School Elementary Breakfast	Total	
BAGEL w CREAM CHEESE*H1*	1 each	31.5
YOGURT 4oz *H1*	1 EACH	19.54
CEREAL, All *H1*	1 EACH	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
JUICE ELEM 4 oz *H1*	CARTON	15.51
MILK, 1% WHITE CARTON	each	13.0
MILK, SKIM	1 each	13.0
School Elementary Lunch	Total	
CORN DOG, CHICKEN *H2*	1 each	30.0
SANDWICH, FISH ON A BUN *H2*	1 EACH	45.35
MAC & CHEESE, 1/3 cup *H2*	1/3 CUP	15.92
GREEN BEANS: cannd,cooked *H2*	1/2 CUP	2.98
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	6.97
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
TARTAR SAUCE	each pc	2.0
COND KETCHUP & MUSTARD pc	packet	0.0
COND RANCH BASIC CONV PC	1 EACH	2.03
MILK, FAT FREE CHOC	1 each	24.0
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		72.56
% of Calories		62.3%
Nutrient Guideline		

Tue - 02/06/2018		
School Elementary Breakfast	Total	
FRENCH TOAST STK 3 EACH*H2*	Serving	40.0
BACON, JENNIE O 2 slices	2 slices	0.0
CEREAL, All *H1*	1 EACH	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
JUICE ELEM 4 oz *H1*	CARTON	15.51
COND SYRUP *H1*	1 EACH	30.66
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0

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# Ogden School District

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

Combined: School Elementary Breakfast/School Elementary Lunch

Portion Values - Detailed

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	Portion Size	Carb (g)
School Elementary Lunch	Total	
BEEF, Teriyaki dipper 4 ea*H2*	serving(4 each)	6.12
FRIED RICE, 1 cup *H2*	1/2 CUP	47.29
SANDWICH CHEESE 2/2 *H2*	1 EACH	34.05
BROCCOLI Frozen 1/2 cup*H2*	1/2 CUP	4.62
SALAD, ELEM SIDE *H1*	1 EACH	11.14
FRUIT, FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
COOKIE, CHOC CHIP, RF/ WG *H3*	1 EACH	22.94
COND RANCH BASIC CONV PC	1 EACH	2.03
MILK, FAT FREE CHOC	1 each	24.0
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		79.84
% of Calories		61.3%
Nutrient Guideline		

Wed - 02/07/2018		
	Portion Size	Carb (g)
School Elementary Breakfast	Total	
WAFFLES, CINNAMON, MINI*H2*	POUCH	34.99
EGGS BACON & CHEESE *H2*	2 oz	1.0
CEREAL, All *H1*	1 EACH	21.33
FRUIT, FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
JUICE ELEM 4 oz *H1*	CARTON	15.51
COND SYRUP *H1*	1 EACH	30.66
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
School Elementary Lunch	Total	
NACHOS (15 chips) *H2* ELEM	serv (15 chips)	35.0
TACO MEAT 2M/MA *H2*	2.75 OZ	3.43
CHICKEN PATTY SANDWICH *H2*	1 EACH	47.42
BEANS, REFRIED *H2*	1/2 CUP	29.36
CORN Frozen 1/2 cup*H2*	1/2 CUP	17.41
FRUIT, FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	0.87
CONDIMENTS, nacho*H1*	SERVING	6.3
MILK, FAT FREE CHOC	1 each	24.0
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		82.55
% of Calories		56.9%
Nutrient Guideline		

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Feb 1, 2018 thru Feb 28, 2018

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Combined: School Elementary Breakfast/School Elementary Lunch

### Portion Values - Detailed

	Portion Size	Carb (g)
<b>Thu - 02/08/2018</b>		
School Elementary Breakfast	Total	
TOAST, APPLE CINNAMON	1 SLICE	44.79
TURKEY CANADIAN BACON SLICE	2 SLICES	1.03
CEREAL, All *H1*	1 EACH	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
JUICE ELEM 4 oz *H1*	CARTON	15.51
COND SYRUP *H1*	1 EACH	30.66
MILK, 1% WHITE CARTON	each	13.0
MILK, SKIM	1 each	13.0
School Elementary Lunch	Total	
TURKEY ROAST (SLICED) *H3*	2 oz	2.14
GRAVY, TURKEY *H2*	1/4 CUP	3.19
POTATO, MASHED 1/2 CUP *H2*	1/2 CUP	16.33
ROLL, WHEAT 2oz*H2*	1 EACH	26.86
SANDWICH, WRAPHam 2M*H1*	1 EACH	27.5
PEAS frozen 1/2 cup *H2*	1/2 CUP	13.48
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	0.87
MILK, FAT FREE CHOC	1 each	24.0
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		79.69
% of Calories		66.8%
Nutrient Guideline		

<b>Fri - 02/09/2018</b>		
School Elementary Breakfast	Total	
PANCAKE ON A STICK *H2*	1 each	45.6
YOGURT 4oz *H1*	1 EACH	19.54
CEREAL, All *H1*	1 EACH	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
JUICE ELEM 4 oz *H1*	CARTON	15.51
COND SYRUP *H1*	1 EACH	30.66
MILK, 1% WHITE CARTON	each	13.0
MILK, SKIM	1 each	13.0
School Elementary Lunch	Total	
PIZZA CHEESE WILD MIKES	SLICE	33.92
PIZZA PEPPERONI WILD MIKES	SLICE	33.98
SANDWICH, TURK & CHEESE 2M*H3*	1 EACH	31.03
SALAD, ELEM SIDE *H1*	1 EACH	11.14
CARROTS, BABY 1/2 c bag *H1*	BAG	3.74
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	0.87
COND RANCH BASIC CONV PC	1 EACH	2.03
MILK, FAT FREE CHOC	1 each	24.0
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0

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Feb 1, 2018 thru Feb 28, 2018

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Combined: School Elementary Breakfast/School  
Elementary Lunch

Portion Values - Detailed

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	Portion Size	Carb (g)
Weighted Daily Average		79.86
% of Calories		60.2%
Nutrient Guideline		

Mon - 02/12/2018		
School Elementary Breakfast	Total	
BAGEL MINI ASSORTMENT	1 Each	40.8
CEREAL, All *H1*	1 EACH	21.33
YOGURT 4oz *H1*	1 EACH	19.54
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
JUICE ELEM 4 oz *H1*	CARTON	15.51
MILK, 1% WHITE CARTON	each	13.0
MILK, SKIM	1 each	13.0
School Elementary Lunch	Total	
HOT DOG ON A BUN *H2*	1 EACH	32.99
SANDWICH, FISH ON A BUN *H2*	1 EACH	45.35
BAKED BEANS *H2*	1/2 CUP	32.87
CARROTS, BABY 1/2 c bag *H1*	BAG	3.74
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
PUDDING,HUNTS *H1*	1 EACH	20.5
CONDIMENTS, Fry/ Ketchup *H1*	packets	2.0
COND RANCH BASIC CONV PC	1 EACH	2.03
TARTAR SAUCE	each pc	2.0
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	0.87
MILK, FAT FREE CHOC	1 each	24.0
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		80.45
% of Calories		60.8%
Nutrient Guideline		

Tue - 02/13/2018		
School Elementary Breakfast	Total	
FRENCH TOAST STK 3 EACH*H2*	Serving	40.0
SAUSAGE. PATTY JENNIE O	1 each	0.0
CEREAL, All *H1*	1 EACH	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
JUICE ELEM 4 oz *H1*	CARTON	15.51
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0

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Feb 1, 2018 thru Feb 28, 2018

## Base Menu Spreadsheet

Combined: School Elementary Breakfast/School Elementary Lunch

### Portion Values - Detailed

	Portion Size	Carb (g)
School Elementary Lunch	Total	
ENCHILADA, DICED CHICKEN *H2*	1 EACH	30.67
SANDWICH, HAM&CHEESE 2M *H3*	1 EACH	35.1
CORN Frozen 1/2 cup*H2*	1/2 CUP	17.41
SPANISH RICE, salsa 1/2 c *H2*	1/2 CUP	28.39
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	6.97
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
CONDIMENTS, nacho*H1*	SERVING	6.3
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	0.87
COND RANCH BASIC CONV PC	1 EACH	2.03
MILK, FAT FREE CHOC	1 each	24.0
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		68.78
% of Calories		58.1%
Nutrient Guideline		

Wed - 02/14/2018		
School Elementary Breakfast	Total	
BREAKFAST PIZZA	1 each	27.0
YOGURT 4oz *H1*	1 EACH	19.54
CEREAL, All *H1*	1 EACH	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
JUICE ELEM 4 oz *H1*	CARTON	15.51
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
School Elementary Lunch	Total	
BBQ PORK SANDWICH *H3*	SERVINGS	44.61
SANDWICH CHEESE 2/2 *H2*	1 EACH	34.05
SOUP, TOMATO 1/2cup *H2*	1/2 CUP	10.69
SALAD, ELEM SIDE *H1*	1 EACH	11.14
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
COND RANCH BASIC CONV PC	1 EACH	2.03
MILK, FAT FREE CHOC	1 each	24.0
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
MILK, STRAWBERRY *H1*	carton	19.0
Weighted Daily Average		70.68
% of Calories		60.4%
Nutrient Guideline		

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### Portion Values - Detailed

	Portion Size	Carb (g)
Thu - 02/15/2018		
School Elementary Breakfast	Total	
WAFFLE DUTCH	1 Each	41.96
EGGS, OMELET *H2*	SERVING	1.0
CEREAL, All *H1*	1 EACH	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
JUICE ELEM 4 oz *H1*	CARTON	15.51
COND SYRUP *H1*	1 EACH	30.66
MILK, 1% WHITE CARTON	each	13.0
MILK, SKIM	1 each	13.0
School Elementary Lunch	Total	
CHICKEN DRUMSTICK BREADED	1 EACH	9.13
POTATOES CHEESY 1/2 CUP*H2*	1/2 CUP	20.61
ROLL, WHEAT 2oz*H2*	1 EACH	26.86
SANDWICH, HAM&CHEESE 2M *H3*	1 EACH	35.1
BROCCOLI Frozen 1/2 cup*H2*	1/2 CUP	4.62
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	0.87
MILK, FAT FREE CHOC	1 each	24.0
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		75.69
% of Calories		51.4%
Nutrient Guideline		

Fri - 02/16/2018		
School Elementary Breakfast	Total	
PANCAKES, MINI, KELLOGGS EGGO	PACKAGE	35.0
YOGURT 4oz *H1*	1 EACH	19.54
CEREAL, All *H1*	1 EACH	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
JUICE ELEM 4 oz *H1*	CARTON	15.51
COND SYRUP *H1*	1 EACH	30.66
MILK, 1% WHITE CARTON	each	13.0
MILK, SKIM	1 each	13.0
School Elementary Lunch	Total	
PIZZA CHEESE WILD MIKES	SLICE	33.92
PIZZA PEPPERONI WILD MIKES	SLICE	33.98
CHICKEN PATTY SANDWICH *H2*	1 EACH	47.42
SALAD, ELEM SIDE *H1*	1 EACH	11.14
CARROTS, BABY 1/2 c bag *H1*	BAG	3.74
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
COND RANCH BASIC CONV PC	1 EACH	2.03
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	0.87
MILK, FAT FREE CHOC	1 each	24.0
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0

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Elementary Lunch

### Portion Values - Detailed

	Portion Size	Carb (g)
Weighted Daily Average		79.27
% of Calories		62.0%
Nutrient Guideline		

Wed - 02/21/2018		
School Elementary Breakfast	Total	
WAFFLES, CINNAMON, MINI*H2*	POUCH	34.99
EGGS BACON & CHEESE *H2*	2 oz	1.0
CEREAL, All *H1*	1 EACH	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
JUICE ELEM 4 oz *H1*	CARTON	15.51
COND SYRUP *H1*	1 EACH	30.66
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
School Elementary Lunch	Total	
CHICKEN FRIES	8 FRIES	16.25
SANDWICH, HAM&CHEESE 2M *H3*	1 EACH	35.1
POTATO PUFFS: 1/2 cup *H2*	1/2 CUP	16.04
SALAD, ELEM SIDE *H1*	1 EACH	11.14
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
CONDIMENTS, Fry/ Ketchup *H1*	packets	2.0
CONDIMENTS (BBQ) *H1*	pc packs	10.0
COND RANCH BASIC CONV PC	1 EACH	2.03
MILK, FAT FREE CHOC	1 each	24.0
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		74.10
% of Calories		56.2%
Nutrient Guideline		

Thu - 02/22/2018		
School Elementary Breakfast	Total	
TOAST, APPLE CINNAMON	1 SLICE	44.79
TURKEY CANADIAN BACON SLICE	2 SLICES	1.03
CEREAL, All *H1*	1 EACH	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
JUICE ELEM 4 oz *H1*	CARTON	15.51
COND SYRUP *H1*	1 EACH	30.66
MILK, 1% WHITE CARTON	each	13.0
MILK, SKIM	1 each	13.0

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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# Ogden School District

Feb 1, 2018 thru Feb 28, 2018

## Base Menu Spreadsheet

Combined: School Elementary Breakfast/School  
Elementary Lunch

### Portion Values - Detailed

	Portion Size	Carb (g)
School Elementary Lunch	Total	
PORK CHOP, BREADED PATTY *H2*	1 EACH	13.39
SANDWICH, WRAP Turkey 2M*H1*	1 EACH	24.17
GRAVY, COUNTRY	1/4 cup	5.54
ROLL, WHEAT 2oz*H2*	1 EACH	26.86
POTATO, MASHED 1/2 CUP *H2*	1/2 CUP	16.33
VEGETABLES, CALIFORNIA BLEND	1/2 CUP	3.5
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	0.87
MILK, FAT FREE CHOC	1 each	24.0
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		79.14
% of Calories		60.5%
Nutrient Guideline		

Fri - 02/23/2018		
	Portion Size	Carb (g)
School Elementary Breakfast	Total	
PANCAKE ON A STICK *H2*	1 each	45.6
YOGURT 4oz *H1*	1 EACH	19.54
CEREAL, All *H1*	1 EACH	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
JUICE ELEM 4 oz *H1*	CARTON	15.51
COND SYRUP *H1*	1 EACH	30.66
MILK, 1% WHITE CARTON	each	13.0
MILK, SKIM	1 each	13.0
School Elementary Lunch	Total	
PIZZA RIPPER CHEESE WG	1 EACH	32.11
PIZZA RIPPER PEPPERONI WG	1 EACH	27.1
BURRITO, ELEM, LOS CABOS *H2*	1 EACH	31.39
SALAD, ELEM SIDE *H1*	1 EACH	11.14
CARROTS, BABY 1/2 c bag *H1*	BAG	3.74
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
YOGURT & FRUIT PARFAIT1/2*H1*	1/2 CUP	30.07
COND SALSA RED GOLD *H1*	1/8 CUP	1.96
COND RANCH BASIC CONV PC	1 EACH	2.03
MILK, FAT FREE CHOC	1 each	24.0
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		81.83
% of Calories		63.5%
Nutrient Guideline		

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# Ogden School District

Feb 1, 2018 thru Feb 28, 2018

## Base Menu Spreadsheet

Combined: School Elementary Breakfast/School Elementary Lunch

### Portion Values - Detailed

	Portion Size	Carb (g)
<b>Mon - 02/26/2018</b>		
School Elementary Breakfast	Total	
BAGEL MINI ASSORTMENT	1 Each	40.8
CEREAL, All *H1*	1 EACH	21.33
YOGURT 4oz *H1*	1 EACH	19.54
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
JUICE ELEM 4 oz *H1*	CARTON	15.51
MILK, 1% WHITE CARTON	each	13.0
MILK, SKIM	1 each	13.0
School Elementary Lunch	Total	
CHEESE, MAX STIX 2 EACH entree	serving 2 each	32.0
MARINARA SAUCE, 2 OZ	2 OZ	6.66
CHICKEN PATTY SANDWICH *H2*	1 EACH	47.42
POTATO PUFFS: 1/2 cup *H2*	1/2 CUP	16.04
CARROTS, BABY 1/2 c bag *H1*	BAG	3.74
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
CONDIMENTS, Fry/ Ketchup *H1*	packets	2.0
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	0.87
COND RANCH BASIC CONV PC	1 EACH	2.03
MILK, FAT FREE CHOC	1 each	24.0
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		72.26
% of Calories		58.7%
Nutrient Guideline		

<b>Tue - 02/27/2018</b>		
School Elementary Breakfast	Total	
FRENCH TOAST STK 3 EACH*H2*	Serving	40.0
SAUSAGE, PATTY JENNIE O	1 each	0.0
CEREAL, All *H1*	1 EACH	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
JUICE ELEM 4 oz *H1*	CARTON	15.51
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
School Elementary Lunch	Total	
CHALUPA, BEAN & CHEESE *H2*	1 EACH	21.15
SANDWICH, HAM&CHEESE 2M *H3*	1 EACH	35.1
CORN Frozen 1/2 cup*H2*	1/2 CUP	17.41
VEGETABLE CUP 1/2 cup*H1*	1/2 CUP	6.97
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
CREAMIES, junior *H1*	1 EACH	45.0
CONDIMENTS, nacho*H1*	SERVING	6.3
COND RANCH BASIC CONV PC	1 EACH	2.03
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	0.87
MILK, FAT FREE CHOC	1 each	24.0
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0

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# Ogden School District

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

Combined: School Elementary Breakfast/School Elementary Lunch

Portion Values - Detailed

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	Portion Size	Carb (g)
Weighted Daily Average		82.78
% of Calories		61.5%
Nutrient Guideline		

Wed - 02/28/2018		
School Elementary Breakfast	Total	
BREAKFAST PIZZA	1 each	27.0
YOGURT 4oz *H1*	1 EACH	19.54
CEREAL, All *H1*	1 EACH	21.33
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
JUICE ELEM 4 oz *H1*	CARTON	15.51
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
School Elementary Lunch	Total	
LASAGNA 35 count*H2*	SERVING	38.24
BREAD STICK, WG 2 EACH *H2*	1 EACH	13.5
SANDWICH CHEESE 2/2 *H2*	1 EACH	34.05
SALAD, ELEM SIDE *H1*	1 EACH	11.14
GREEN BEANS: cannd,cooked *H2*	1/2 CUP	2.98
FRUIT, CANNED ASSORTMENT *H1*	1/2 CUP	10.87
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
COND RANCH BASIC CONV PC	1 EACH	2.03
CONDIMENTS (LTPMayoMust) *H1*	1 EACH	0.87
MILK, FAT FREE CHOC	1 each	24.0
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		72.08
% of Calories		54.7%
Nutrient Guideline		

Weighted Average		76.97
		59.3%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	76.97	59.26%						

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