

Ogden School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Feb 1, 2018 thru Feb 28, 2018

Breakfast in the Classroom

Generated on: 1/25/2018 1:00:25 PM

	Portion Size	Carb (g)
Thu - 02/01/2018		
Breakfast in the Classroom	Total	
TOAST, APPLE CINNAMON	1 SLICE	44.79
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
JUICE ELEM 4 oz *H1*	CARTON	15.51
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		82.55
% of Calories		71.8%
Nutrient Guideline		

Fri - 02/02/2018		
Breakfast in the Classroom	Total	
MUFFIN, BANANA, DAVIS, FZN	2 oz muffin	37.56
MUFFIN, CHOC CHIP, DAVIS, FZN	2 oz muffin	34.18
YOGURT 4oz *H1*	1 EACH	19.54
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
JUICE ELEM 4 oz *H1*	CARTON	15.51
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		81.86
% of Calories		67.8%
Nutrient Guideline		

Mon - 02/05/2018		
Breakfast in the Classroom	Total	
POPARTS *H2* WHOLE GRAIN	1 EACH	37.26
BAR GRANOLA CHEWY	1 EACH	27.94
YOGURT 4oz *H1*	1 EACH	19.54
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
JUICE ELEM 4 oz *H1*	CARTON	15.51
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		80.13
% of Calories		77.7%
Nutrient Guideline		

Tue - 02/06/2018		
Breakfast in the Classroom	Total	
PANCAKES, MINI, KELLOGGS EGGO	PACKAGE	35.0
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
JUICE ELEM 4 oz *H1*	CARTON	15.51
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		71.30
% of Calories		70.3%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Ogden School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Feb 1, 2018 thru Feb 28, 2018

Breakfast in the Classroom

Generated on: 1/25/2018 1:00:25 PM

	Portion Size	Carb (g)
Wed - 02/07/2018		
Breakfast in the Classroom	Total	
SANDWICH BREAKFAST SAUSAGE*H2*	1 EACH	17.57
BAR NUTRI-GRAIN STRAWBERRY	1 EACH	28.96
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
JUICE ELEM 4 oz *H1*	CARTON	15.51
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		47.31
% of Calories		58.6%
Nutrient Guideline		

Thu - 02/08/2018		
Breakfast in the Classroom	Total	
BREAKFAST SLIDER	1 EACH	22.0
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
JUICE ELEM 4 oz *H1*	CARTON	15.51
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		58.30
% of Calories		65.6%
Nutrient Guideline		

Fri - 02/09/2018		
Breakfast in the Classroom	Total	
CEREAL FRUIT LOOP POUCH	1 EACH	24.3
CEREAL, FROSTED FLAKE POUCH	1 EACH	24.3
YOGURT 4oz *H1*	1 EACH	19.54
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
JUICE ELEM 4 oz *H1*	CARTON	15.51
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		68.97
% of Calories		80.1%
Nutrient Guideline		

Mon - 02/12/2018		
Breakfast in the Classroom	Total	
MUFFIN, CHOC CHIP, DAVIS, FZN	2 oz muffin	34.18
MUFFIN, BANANA, DAVIS, FZN	2 oz muffin	37.56
BAR GRANOLA CHEWY	1 EACH	27.94
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
JUICE ELEM 4 oz *H1*	CARTON	15.51
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		75.15
% of Calories		63.7%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Ogden School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 3

Feb 1, 2018 thru Feb 28, 2018

Breakfast in the Classroom

Generated on: 1/25/2018 1:00:25 PM

	Portion Size	Carb (g)
Tue - 02/13/2018		
Breakfast in the Classroom	Total	
BAGEL CINN CHEESE *H2*	1 each	40.8
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
JUICE ELEM 4 oz *H1*	CARTON	15.51
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		65.15
% of Calories		68.9%
Nutrient Guideline		

Wed - 02/14/2018		
Breakfast in the Classroom	Total	
SANDWICH BRK EGG CHEESE	1 EACH	20.19
BAR NUTRI-GRAIN STRAWBERRY	1 EACH	28.96
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
JUICE ELEM 4 oz *H1*	CARTON	15.51
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		57.63
% of Calories		63.9%
Nutrient Guideline		

Thu - 02/15/2018		
Breakfast in the Classroom	Total	
TOAST, APPLE CINNAMON	1 SLICE	44.79
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
JUICE ELEM 4 oz *H1*	CARTON	15.51
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		82.55
% of Calories		71.8%
Nutrient Guideline		

Fri - 02/16/2018		
Breakfast in the Classroom	Total	
BAR CHOC CHIP BETTER BASICS	1 EACH	43.95
YOGURT 4oz *H1*	1 EACH	19.54
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
JUICE ELEM 4 oz *H1*	CARTON	15.51
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		94.83
% of Calories		70.5%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Ogden School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 4

Feb 1, 2018 thru Feb 28, 2018

Breakfast in the Classroom

Generated on: 1/25/2018 1:00:25 PM

	Portion Size	Carb (g)
Wed - 02/21/2018		
Breakfast in the Classroom	Total	
FRENCH TOAST, MINI, CHOC CHIP	1 EACH	42.82
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
JUICE ELEM 4 oz *H1*	CARTON	15.51
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		69.95
% of Calories		68.8%
Nutrient Guideline		

Thu - 02/22/2018		
Breakfast in the Classroom	Total	
BREAKFAST SLIDER	1 EACH	22.0
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
JUICE ELEM 4 oz *H1*	CARTON	15.51
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		58.30
% of Calories		65.6%
Nutrient Guideline		

Fri - 02/23/2018		
Breakfast in the Classroom	Total	
BAGEL w CREAM CHEESE*H1*	1 each	31.5
CREAM CHEESE FOR BAGLES *H1*	1 EACH	2.5
YOGURT 4oz *H1*	1 EACH	19.54
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
JUICE ELEM 4 oz *H1*	CARTON	15.51
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		78.67
% of Calories		58.5%
Nutrient Guideline		

Mon - 02/26/2018		
Breakfast in the Classroom	Total	
BURRITO BREAKFAST	1 EACH	16.72
YOGURT 4oz *H1*	1 EACH	19.54
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
JUICE ELEM 4 oz *H1*	CARTON	15.51
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		70.29
% of Calories		65.6%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Ogden School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 5

Feb 1, 2018 thru Feb 28, 2018

Breakfast in the Classroom

Generated on: 1/25/2018 1:00:25 PM

	Portion Size	Carb (g)
Tue - 02/27/2018		
Breakfast in the Classroom	Total	
BAGEL STRAWBERRY CHEESE *H2*	1 each	40.8
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
JUICE ELEM 4 oz *H1*	CARTON	15.51
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		79.72
% of Calories		72.2%
Nutrient Guideline		

Wed - 02/28/2018		
Breakfast in the Classroom	Total	
WAFFLES, CINNAMON, MINI*H2*	POUCH	34.99
FRUIT,FRESH ASSORT ELEM*H1*	1/2 CUP	19.04
JUICE ELEM 4 oz *H1*	CARTON	15.51
MILK, 1% WHITE CARTON	1 each	13.0
MILK, SKIM	1 each	13.0
Weighted Daily Average		73.90
% of Calories		73.4%
Nutrient Guideline		

Weighted Average		72.03
		68.5%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	72.03	68.55%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.